

## GRAN PARADISO HUT-TO-HUT TOUR

6th – 18th July 2012

Allan and Lesley Witton, John and Judith Willson, Tim Pattison, Roger Hand



The Gran Paradiso range from the path above Lago Rosset



The scree descent from Col Rosset (3025 m), with Becca della Traversière the conical peak on the skyline



Zig-zags above the Benevolo hut, with the peaks and glaciers at the head of Val di Rhêmes

## OUTLINE ITINERARY AND WALKING ROUTE SUMMARY

We mostly followed the standard Alta Via 2 route for the first 5 days, from Chardonney to Eaux Rousses, but with an improved variation on Day 2. We then took the recommendation in Gillian Price's guidebook to divert south and plot a 5-day route (via the Vittorio Emanuelle, Chivasso and Benevolo huts) through the spectacular upper reaches of Valsavarench and Val di Rhêmes, to finish at Rhêmes-Notre-Dame and included an ascent of Becca della Traversière as a finalé.

13 days		2 + 2 half-days travel		1 free day		8 days + 2 half-days walking									
July	F 6	Air/rail		Manchester > Milan > Chivasso		Hotel		Height m	Distance km	Ascent m	Descent m	Time in hours			
		Bus	Rail	Ivrea	Chardonney	Rifugio Dondena	Priv (80)	1454	2192	6.0	760	20	2-15	Actual/Guide/Naismith	
S 7															
S 8•	Trek			Rifugio Péradzà		Priv (80)	2526			2897	11.5	800	465		
				via Colle Pontonnet						3101	1.0	204	204		
	Excursion			Torre Ponton		(10,174 ft)				12.5	1000	670	5-10	----	
				Day's total										4-10	
M 9•	Trek			Valnontey		Hotel	1666			17.0	220	1080	4-20	4-30 3-45	
T 10•	Trek			Rifugio Vittorio Sella		CAI (150)	2584			5.0	943	20	2-45	2-30	
	Excursion			Lago Lauson			2655			2.5	90	90	45	----	
				Day's total						7.5	1030	110	3-30	----	
W 11•	Trek			Eaux Rousses		1666				3300	15.5	740	1660	5-15 5-45 4-20	
	Bus			via Col Lauson		(10,827 ft)									
				Aosta		Hotel									
T 12	Free day			Aosta		Hotel									
F 13•	Bus			Pravieux		1829									
	Trek			Rifugio Vittorio Emanuelle		CAI (152)	2732			11.5	1180	280	5-00	4-30 4-15	
S 14•	Trek			Rifugio Chivasso		CAI (44)	2604			14.0	660	790	4-15	4-30 4-00	
S 15•	Trek			Rifugio Benevolo		CAI (62)	2285			3023	9.5	645	965	4-30 4-00	
	Excursion			via Col Rosset						3100	1.0	75	75	45	
				Punta Leynir (W)		(10,171 ft)					10.5	720	1040	5-15	
				Day's total										3-20	
M 16•	Excursion			Becca della Traversière		(10,949 ft)				3337	13.0	1100	1100	5-40	----
				from Rifugio Benevolo										4-30	
T 17	Trek			Rhêmes Notre Dame			1723			9.0	40	600	2-15	2-00 1-50	
	Bus			Aosta											
	Rail			Milan		Hotel									
W 18	Bus/air			Milan to Manchester										Naismith daily average 3h-40	

	Distance	Ascent	Descent	Time
<b>Grand Totals:</b> (All 10 days walking)	117 km 73 miles	7450 m 24,400 ft	7350 m 24,100 ft	43 hours
<b>Daily averages:</b> (All 10 days walking)	11.7 km 7.3 miles	745 m 2440 ft	735 m 3410 ft	4h-20
<b>Daily averages:</b> (8 full days walking :)	12.7 km 7.9 miles	830 m 2730 ft	840 m 2760 ft	4h-50

## A Trek

is a linear walk from one place to the next with full packs

## An Excursion

is a return walk without full packs

## AN EXCURSION **Torre Ponton**

Summits are in bold. 3000 m points are shaded blue.

Tutor 3

Summits are in bold, 3000 m points are shaded blue  
Club Alpino Italiano/Private hut with number of places

### Walking Times (excluding stops)

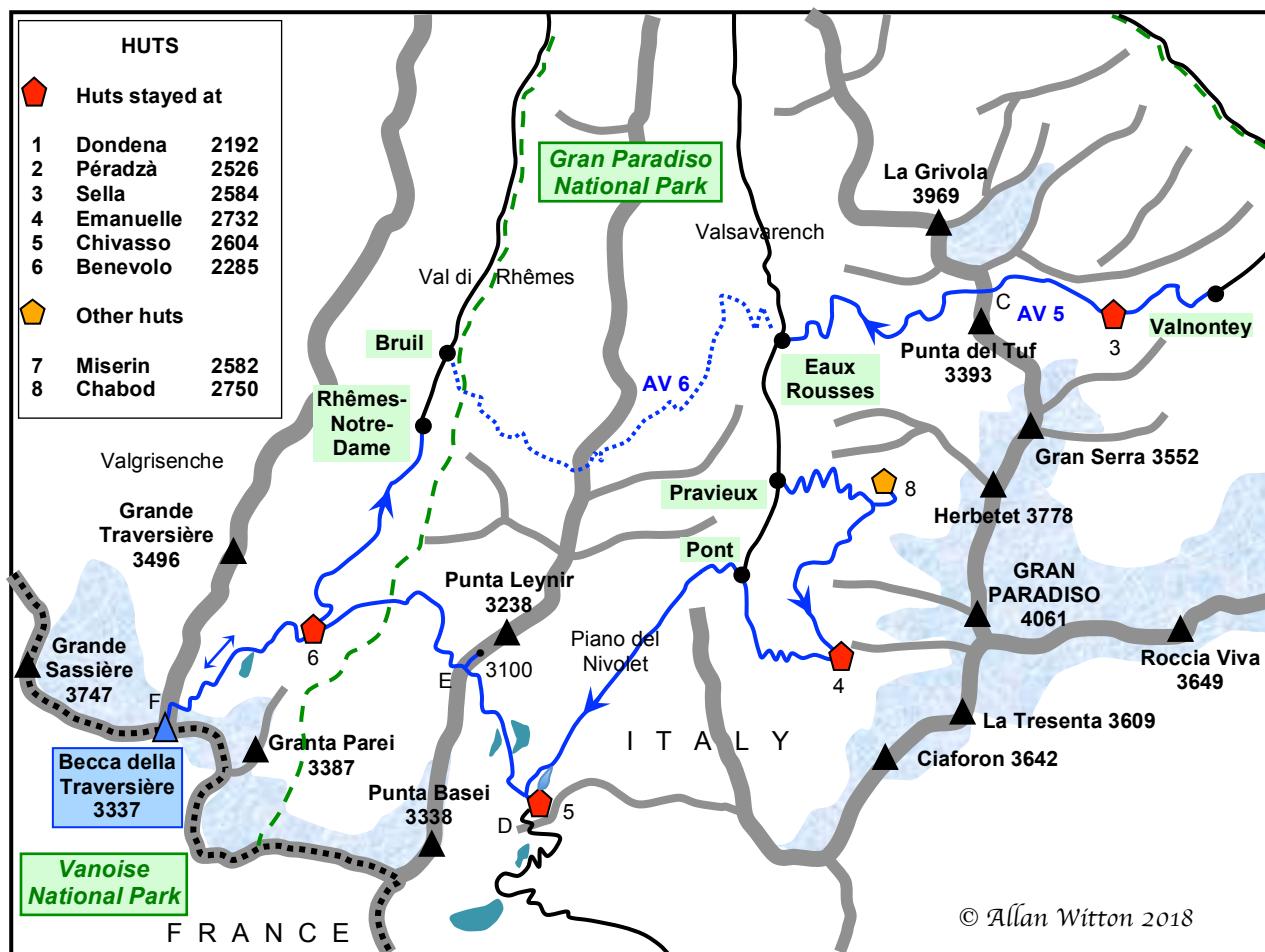
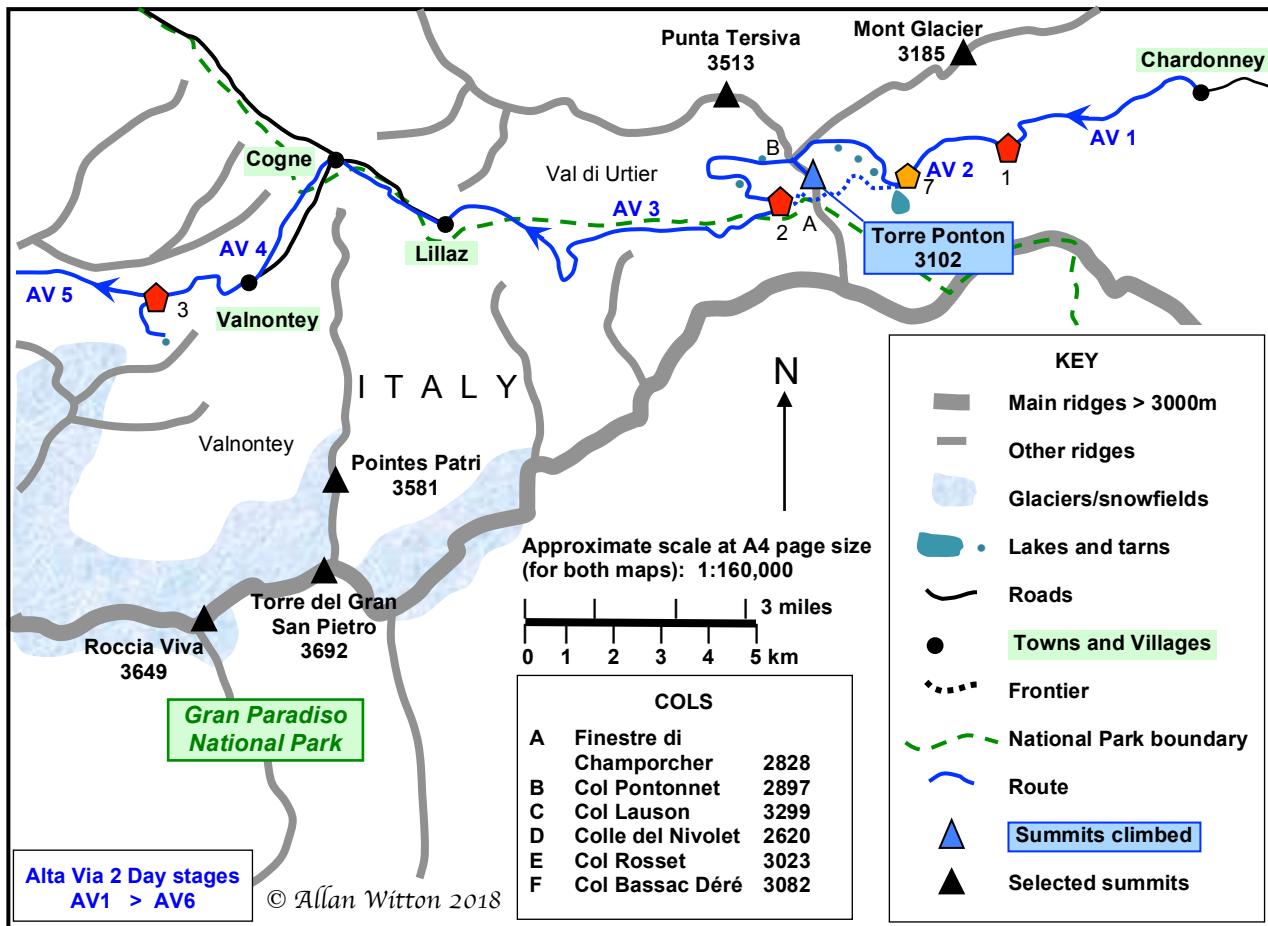
Actual: For the slowest of our group; lead times were often considerably shorter, especially on big climbs

For the Southwest of England, see *South West Coast Path: A Complete Guide to the Footpath from Dorset to Cornwall* by Gillian Price.

**Naismith:** According to Naismith's Rule: 12 minutes/km and 10 metres/minute for ascent.

Given the rough nature of much of the higher terrain, our average walking time of Naismith + 27% was quite reasonable.

## SKETCH MAPS OF THE ROUTE



None of us had ever been to the Gran Paradiso before, so we found Gillian Price's excellent guide really useful, both at the planning stage and when walking the route. The Alta Via 2 goes from Chardonney to Courmayeur, (high in the mountains on the southern side of Valle d'Aosta) with about a third of its length passing through the Gran Paradiso National Park. It is described in the guide in 12 stages.

Stage 1	Chardonney to Rifugio Dondena	Stage 2	Rifugio Péradzà
Stage 3	Cogne	Stage 4	Rifugio Vittorio Sella
Stage 5	Eaux Rousses	Stage 6	Rhêmes-Notre-Dame
Stages 7 to 12 complete the route beyond the National Park to the end at Courmayeur.			



On the summit of Becca della Traversière (3337 m, 10,950 ft),  
with distant snow-topped Monte Rosa and La Grivola on the left skyline, and Gran Paradiso behind us

## MAPS AND GUIDE

L'Esursionista	1:25,000	Sheet 3	Valgrisenche, Val di Rhêmes, Valsvarenche ovest
		Sheet 10	Valle di Cogne, Gran Paradiso
Blu Edizioni	1:50,000	Sheet 4	Parco Nazionale del Gran Paradiso

The 1:50,000 sheet covers our whole route and the 1:25,000 sheets cover all but the start up to the Miserin hut. Maps of both scales are very good with clear and accurate detail.

Kompass 1:50,000 Sheet 86 Gran Paradiso - Valle d'Aosta

This covers our route from Colle Pontonnet and Torre Ponton (Day 2).

Gran Paradiso - Alta Via 2 Trek and Day Walks Gillian Price Cicerone 2008

## TRAVEL AND ACCOMMODATION

Organisational details such as transport links and hut details are not included as they are readily available online.

Unlike for the 2006 to 2010 OTTs, I didn't get round to producing Logs for the 2011 to 2013 Treks at the time. All I did was word-process a diary and do the route analysis, made from measurements from the map and details recorded in my notebook. It wasn't until 2018 that I produced this version with images, a digital sketch map, a detailed route summary and a list of 3000 m points added to the diary. I used an Apple iMac and Word for Mac 2011, with iPhoto and Preview for editing the images.

Most of the images were taken by Lesley and me, but thanks to John, Tim, and Roger for the ones of theirs which I have included. To keep the overall file size down, all the images are low resolution but of sufficient quality to display fairly well at A4 page size. The average size of the 241 images used is about 57 kB, giving a file size of 14.7 MB, about the size of 5 original images.

Thanks to Dave Shaw who identified the flowers I didn't know.

© Images copyright Allan Witton, John Willson, Tim Pattison, Roger Hand 2018  
© Text and map copyright Allan Witton 2018

Version 1

**Friday 6th**

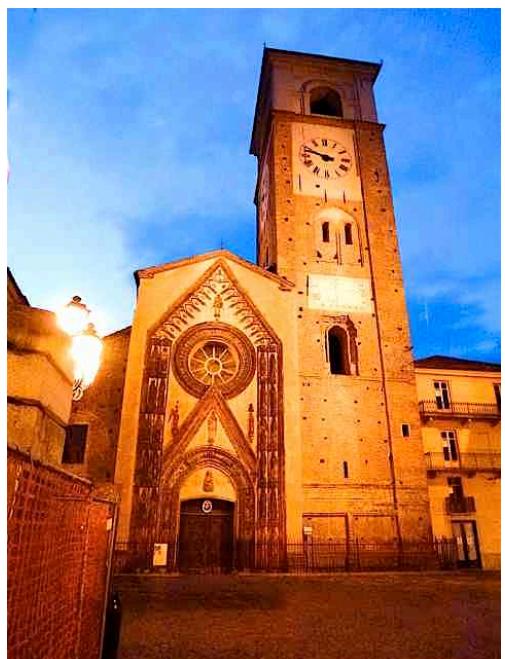
**Air/Bus      Manchester to Milan**  
**Rail            Chivasso**



## Magnificent Milan station



After our traditional first meal of pizzas ...



... we had a walk round Chivasso

**Saturday 7th**

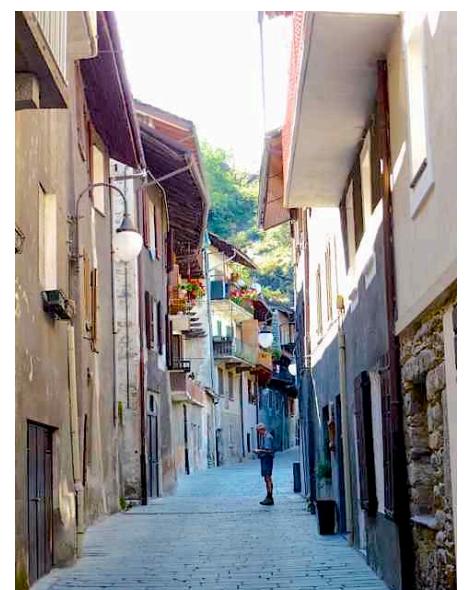
<b>Rail</b>	<b>Ivrea</b>	
<b>Bus</b>	<b>Chardonney</b>	<b>1452</b>
<b>Trek</b>	<b>Rifugio Dondena</b>	<b>2192</b>

While waiting to change buses in Hône-Bard, we looked round the fascinating medieval village with its fortress.

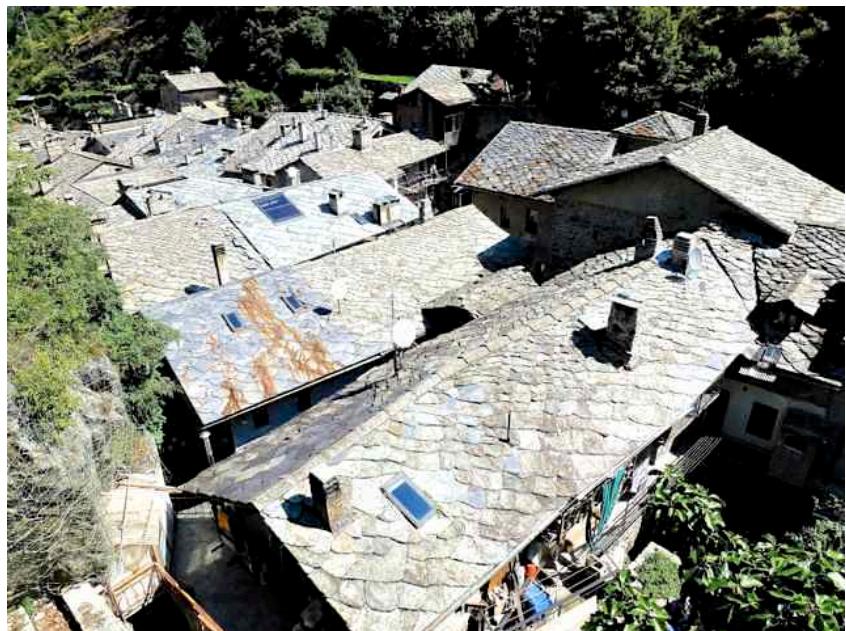
The village of Hône-Bard, straddling the Baltea river



Bard's imposing fortress ...



... and narrow streets



Traditional stone roofing

The afternoon's walk was a humid climb through woods which then gave way to flower-filled pastures which led to the Dondena hut.  
(Alta Via 2 Day 1)



Leaving Chardonney at the start of the Alta Via 2



The pastures leading to the Dondena Hut, with the following day's peak, Torre Ponton, on the centre skyline



Mountain Houseleek (*Sempervivum montanum*)



Mountain Houseleek



The Dondena hut with Mont Glacier (3186) in cloud



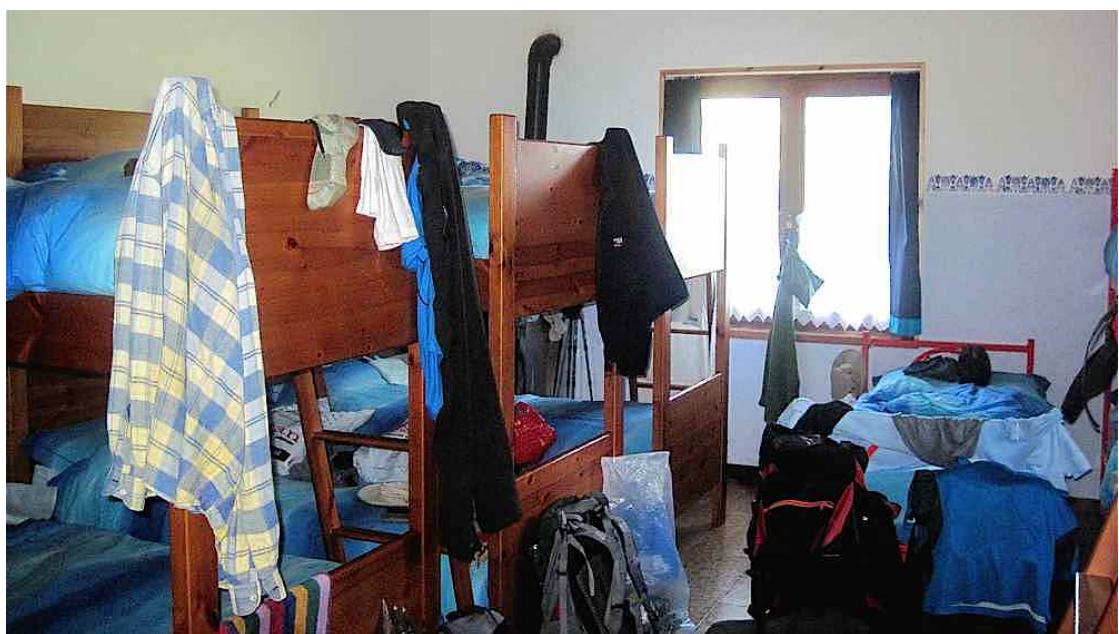
Tea on arrival at the hut



Lesley soaks up the last rays of the sun ...



... while it's Italian lessons for John



Summary	Distance	6.0 km	Ascent	760 m	Descent	20 m	Walking time	2-15	Total time	3-10
(The Total time is the time between the start and end of each day's walking.)										

<b>Sunday 8th</b>	<b>Trek</b>	<b>Rifugio Péradzà</b>	<b>2526</b>
	<b>Excursion</b>	<b>via Colle Pontonnet</b>	<b>2897</b>
		<b>Torre Ponton</b>	<b>3101</b>

There was heavy cloud swirling about with occasional drizzle as we set off for the easy walk up to the misty and atmospheric Rifugio and Lago Miserin.



A cloudy, grey start to the day



The church of Madonna delle Nevi on the shore of Lago Miserin



Primula (*Primula pedemontana*)



Edelweiss (*Leontopodium alpinum*)



Viola

We decided against the easier standard AV2 Day 2 over Finestra di Champorcher and went via snowy Colle Pontonnet, from where it was an easy half-hour walk up the ridge to Torre Ponton.





On Col Fénis with a view down Val Clavalité towards Val d'Aosta



Lunch-stop by a derelict building just before Colle Pontonnet

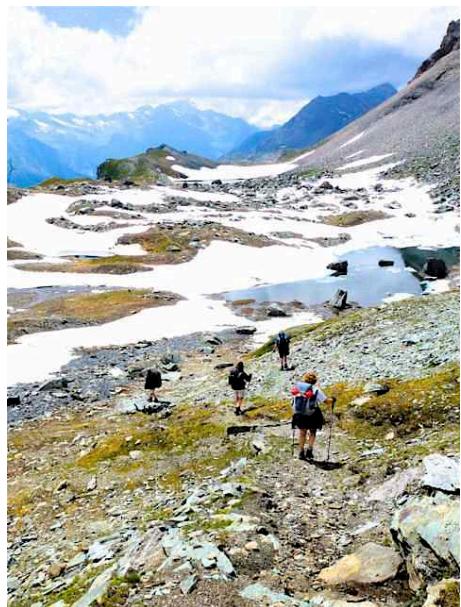


On the summit of Torre Ponton, with the Pérardzà hut 575 m (1887 ft) below



Alpine Pasque-Flower (*Pulsatilla alpina*)

After returning to the col we went down past the beautiful snow-rimmed Pontonnet lakes, then past Lac Ponton, where there were no waymarks and route finding was a little tricky.

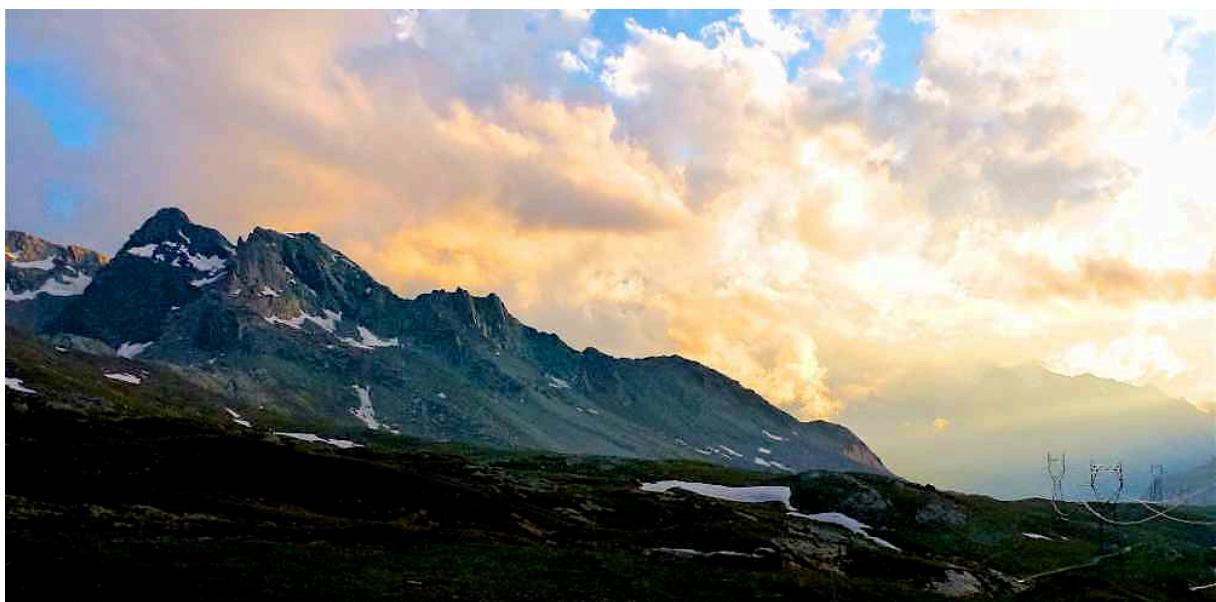


Leg stop with a view of Torre Ponton on the left



The Péradzà hut with Torre Ponton 575 m above on the left ...

... and the local herd of goats looking for scraps



View of the following day's route down Val de Urtier, with the promise of better weather

Summary	Distance	12.5 km	Ascent	1000 m	Descent	670 m	Walking time	5-10	Total time	8-00
---------	----------	---------	--------	--------	---------	-------	--------------	------	------------	------

Monday 9th

Trek Valnontey

2192

It was a glorious day for traversing the southern flanks of Val de Urtier down to Lillaz, followed by a valley walk via Cogne to the beautifully situated village of Valnontey. (AV2 Day 3)

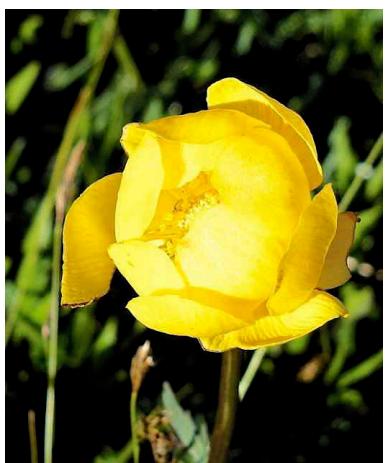
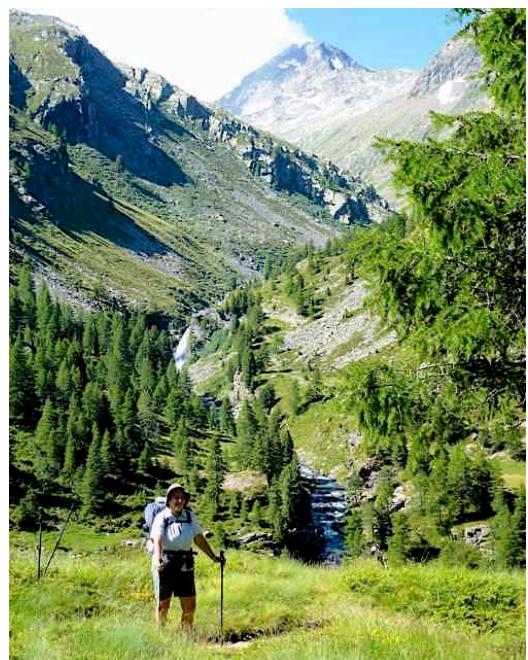
Sprung beds and duvets  
at the Péradzà hut!



View down Val de Urtier with the isolated peak of la Grivola



Easy walking down Val de Urtier amongst marvellous scenery



Globeflower  
(*Trollius europaeus*)



Alpine Pasque-Flower  
(*Pulsatilla alpina*)



Violas and Primulas



Down in the village of Lillaz, with its view of distant Mont Blanc



Lunch in Lillaz



Cogne



Into the valley of Valnontey, with the glaciated peaks at the head of the valley



Arriving in the village of Valnontey, where we stayed at the Hotel Paradis (far right)



Afternoon tea in pottery cups this time ...



... and beds instead of bunks!



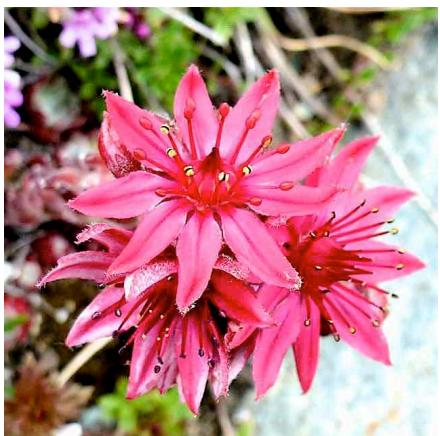
Summary	Distance 17.0 km	Ascent 220 m	Descent 1080 m	Walking time 4-20	Total time 7-20
---------	------------------	--------------	----------------	-------------------	-----------------

<b>Tuesday 10th</b>	<b>Trek Excursion</b>	<b>Rifugio Sella Lago Lauson</b>	<b>2584 2655</b>
---------------------	---------------------------	--------------------------------------	----------------------

The standard AV2 Day 4 took us steeply up a zig-zag path through woods at first, and then through flower-filled pastures, to the wonderfully situated Sella hut for lunch.



Rounding one of the hairpins with a view to the head of Valnontey



Houseleek (*Sempervivum montanum*)



Alpine Thistle (*Carduus defloratus*)



Alpine Skullcap (*Scutellaria alpina*)



Arriving at the Sella hut with the following day's col, Col Lauson, the low point on the skyline



Lunch outside the Sella hut



Must get a good picture of ...



... that marmot

In the afternoon we took a stroll to Lago Lauson (25 minutes) from where there were excellent views of the peaks and glaciers at the head of Valnontey.



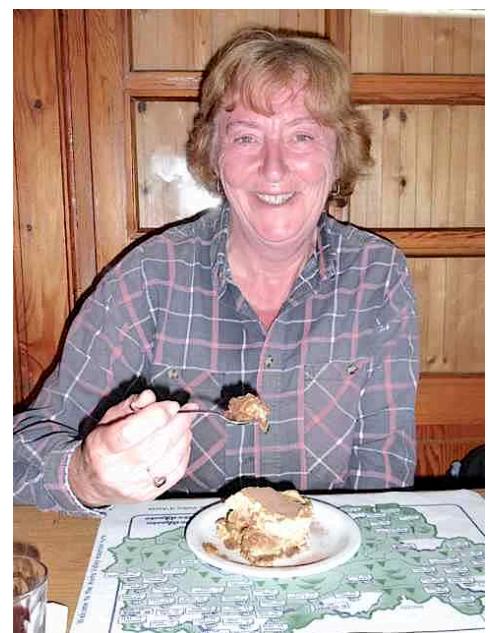


View over Lago Lauson to the head of Valnontey, with the twin peaks of Pointes Patri and Torre del Gran San Pietro



Plenty of time for a siesta





Evening sun illuminating the clouds above Pointes Patri

Summary	Distance	7.5 km	Ascent	1030 m	Descent	110 m	Walking time	3-30	Total time	7-30
---------	----------	--------	--------	--------	---------	-------	--------------	------	------------	------

**Wednesday 11th**

**Trek    Eaux Rousses    1666  
via    Col Lauson    3300 (10,827 ft)  
Bus    Aosta**

After easy walking on a good path over grassy mountainsides, a splendidly engineered path led us easily up steep, rocky terrain with many zig-zags to one of the highest non-glacial cols in the whole Alps.

On the ascent there were spectacular views back over the National Park and as far as Monte Rosa.

Col Lauson is on the skyline on the right



Retrospective view with the hut just above centre image



Monte Rosa just visible on the very far skyline



The path is narrow and exposed in places, but never difficult



This section supported by a piece of railway line



Note the flowers either side and below Roger

When we crested the col we faced a gale blowing over from the west. For this reason, and the fact that we could see no trace of a path, we didn't attempt to follow the ridge to Punta del Tuf.



Creeping Avens (*Geum reptans*) at 10,800 ft



The long 1660 m (5446 ft) descent down into Valsavarenche to the hamlet of Eau Rousses was eased by many sweeping hairpins, and a profusion of flowers on the lower slopes, to complete the standard AV2 Day 5. From there we caught the bus to Aosta for our free day.



Over the col, with our first view of Herbetet (3778)



Long, easy hairpins down to Eau Rousses



Wallflower (*Erysimum rhaeticum*)



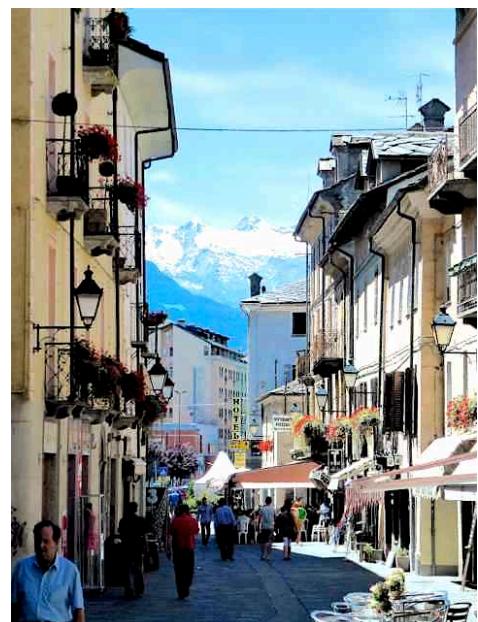
Mountain Avens (*Dryas octopetala*)



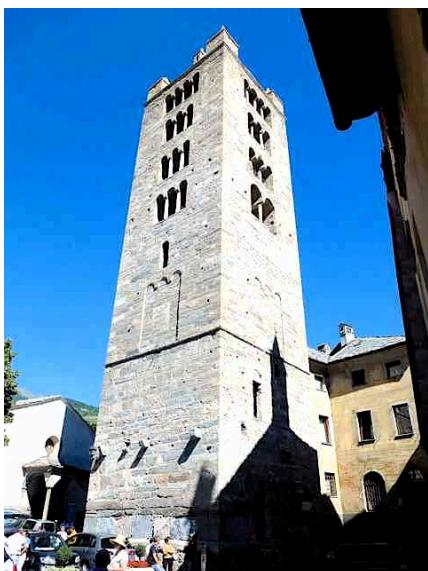
Alpine Bird's-foot-trefoil (*Lotus alpinus*)

<b>Summary</b>	Distance	15.5 km	Ascent	740 m	Descent	1660 m	Walking time	5-15	Total time	7-20
----------------	----------	---------	--------	-------	---------	--------	--------------	------	------------	------

It was a warm and sunny day to look round Aosta, which we found fascinating, with its historical remains going back to Roman times and views of the dominating mass of Mont Emilius (3559 m, 11,677 ft)



The pedestrian area of the Old Town



Archaeologists at work with a soft brush and vacuum cleaner!



Mont Emilius towers over Aosta and the remains of the Roman theatre



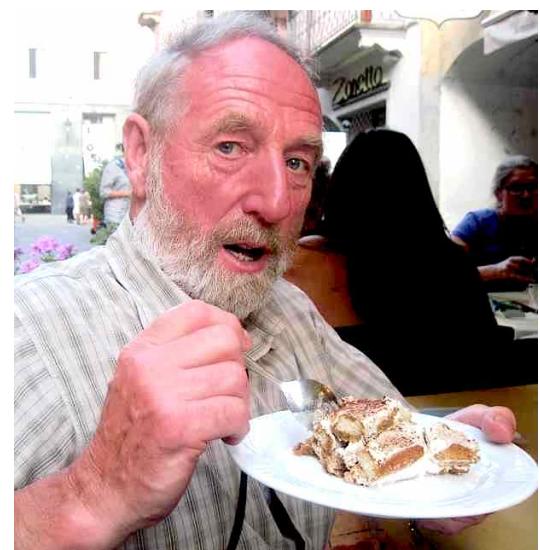
Misericord in one of the old churches



Back to the hotel for a swim



We had a splendid meal out at the Hotel Moderne



<b>Friday 13th</b>	<b>Bus</b>	<b>Pravieux</b>	<b>1829</b>
	<b>Trek</b>	<b>Rifugio Vittorio Emanuelle</b>	<b>2732</b>

An alarm set for 7 p.m not 7 a.m. meant Allan and Lesley didn't emerge until after breakfast, so it was a gallop to the bus stop to get the early bus to Pravieux. From there it was a relentless 920 m climb up many zig-zags to the Chabod hut for lunch, and it was cold and windy as we arrived, with thick cloud on the glaciated ridge above.



View towards Pont at the head of Valsavarenche



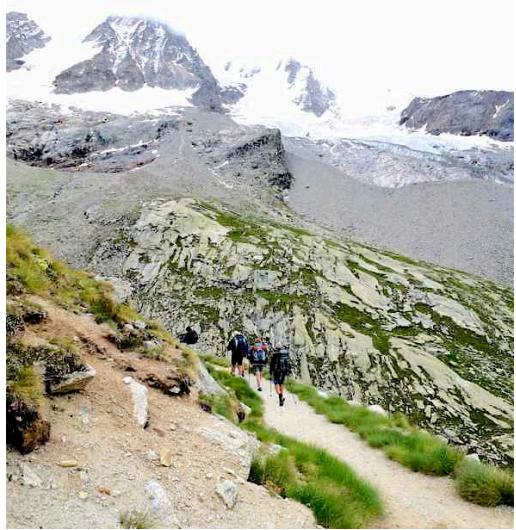
Leg-stop during a brief shower ...

... with a rainbow in the valley below us



Arriving at the Chabod hut with Herbetet in cloud

The weather was grey and dizzly for the tiring, undulating walk to the very busy and spectacularly situated Emanuelle hut, but as we arrived the weather improved to give fine views for the rest of the afternoon.



Leaving the Chabod hut ...



... with a view back down Valsavarenche to the pointed La Grivola

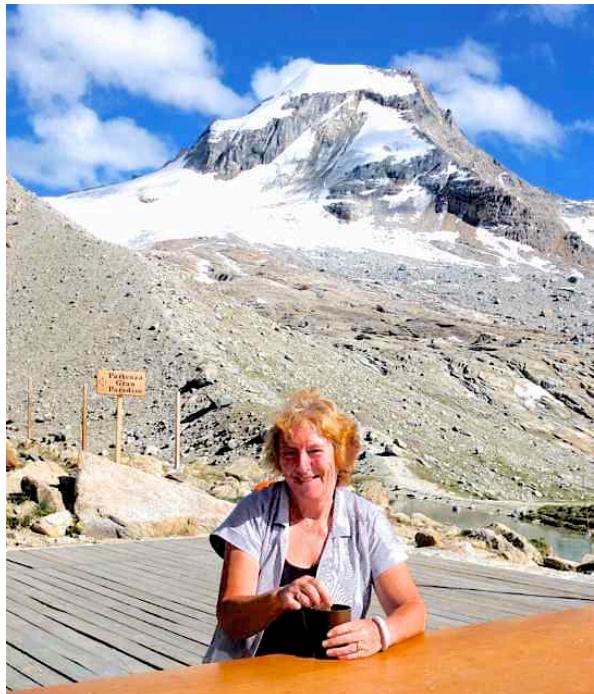


The domed roof of the Emanuelle hut comes into view below La Trécenta





La Trécanta (3609) and Ciarforon (3640)





Our 3-tiered bunk room ...



... with the view from the window

The hut is the starting off point for ascents of Gran Paradiso, the only 4000 m peak entirely in Italy, and so is extremely popular. We later saw signs in the village of Pont in the valley below warning not to set off up to the hut without a confirmed booking, as there was unlikely to be room. For the two sittings for dinner the room was packed.



Summary	Distance	11.5 km	Ascent	1180 m	Descent	280 m	Walking time	5-00	Total time	7-45
---------	----------	---------	--------	--------	---------	-------	--------------	------	------------	------

A storm blew through overnight leaving a drizzly morning with billowing cloud for the steep but easy walk down to Pont for elevenses. There the sun broke through and the day developed into a fine if rather windy one.





Hot chocolates all round to warm us up



Many steep zig-zags out of Pont

Leg stop under an overhang during a shower



View back to the Paradiso range, with the Emanuelle hut a silver dot on scree above my left shoulder

The steep ascent from Pont led into the expansive, flat hanging valley of Plan di Nivolet with 6 km of really easy walking at a gentle gradient all the way to the Chivasso hut on Col de Nivolet, with its warm welcome and marvellous views. Surprisingly there is a road leading up to the col on its southern side.



Heading up Plan di Nivolet, with Punta Basai (3338) on the right



View back down Plan di Nivolet, with fresh snow on La Grivola behind us



Violet



Short Leaved Gentian  
(*Gentiana brachyphylla*)



Edelweiss (*Leontopodium alpinum*)  
Alpine aster (*Aster alpinus*)



Relaxing by the Chivasso hut with a view over the lakes of Laghi del Nivolet to Monte Taou Blanc (3438) in the centre, Punta Leynir (3238) on its left and the following day's col, Col Rosset, the dip in the left-hand skyline



View south from Col de Nivolet to Levanna (3612) on the left, with the road snaking up towards the col



Summary	Distance	14.0 km	Ascent	660 m	Descent	790 m	Walking time	4-15	Total time	6-30
---------	----------	---------	--------	-------	---------	-------	--------------	------	------------	------

<b>Sunday 15th</b>	<b>Trek</b>	<b>Rifugio Benevolo</b>	<b>2285</b>
	<b>via</b>	<b>Col Rosset</b>	<b>3023</b>
	<b>Excursion</b>	<b>Punta Leynir (W)</b>	<b>3100</b>

When we left at 8.10 it was cold, bright and breezy, with clouds scudding across the tops of the peaks, and it was to remain so all morning. Paths 3C, 12, and 13A make a marvellous high-level hut-to-hut route, crossing the steep-sided Col Rosset, with spectacular views back to the whole Gran Paradiso range and ahead to Becca della Traversière and peaks beyond, and down the length of Val di Rhêmes. It begins with an easy undulating walk amongst tarns and snow patches before the steep climb to Col Rosset.





Punta Leynir on the left and Monte Taou Blanc on the right



Heading towards the zig-zags up to Col Rosset



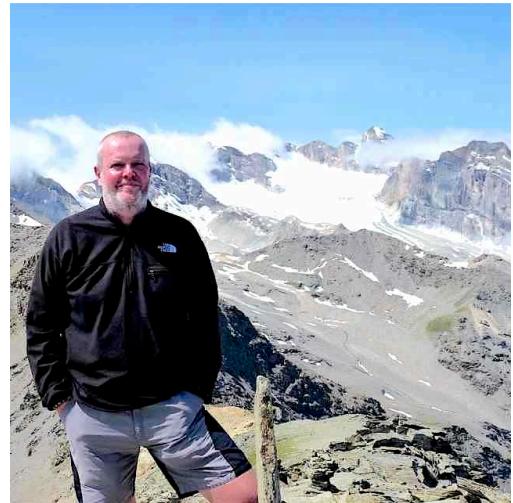
Approaching Col Rosset with Levanna on the left and Gran Vaudala (3272) on the right



After a short break at the col we decided to follow the rocky path along the ridge towards Punta Leynir (3238).

After 25 minutes we reached a shoulder on the ridge with a cairn at 3100 with even better views than those from the col and we decided to make that our objective.

View back to the Gran Paradiso group from Col Rosset



At our highest point on the ridge, 3100 m



View over the whole morning's route with the Chivasso hut too small to see below the dark line of crags beyond the far lake  
Levanna (3612) is beyond the hut with glaciated Punta Basei (3338) and rocky Gran Vaudala (3272) on the right



Snack stop back on Col Rosset before heading down to find a sheltered spot for lunch

Creeping Avens (*Geum reptans*)



Beginning the steep scree descent from Col Rosset with the peaks at the head of Val di Rhêmes on the skyline: the grey mass of Granta Parei on the left, the dark pyramid of Becca della Traversière and Grande Traversière on the right



Lunch, with a view back to Col Rosset ...



... followed by a siesta ...



... and our only sighting of a chamoix



Easy walking down into Val di Rhêmes



View down the length of Val di Rhêmes



The Benevolo hut comes into view below the rock walls of Granta Parei (3387)



Arriving at the Benevolo hut



Summary	Distance	10.5 km	Ascent	720 m	Descent	1040 m	Walking time	5-15	Total time	8-10
---------	----------	---------	--------	-------	---------	--------	--------------	------	------------	------

When I asked the hut warden the previous evening what the weather forecast was he said 'grand beau', and so it was - big and beautiful. Our day was to be the most perfect and spectacular alpine ascent, zig-zags up from the hut with excellent views of upper Val di Rhêmes, into Comba di Goletta with the glacial Lago di Goletta, over scree and snow to Colle Bassac Dérê then a steep path along the ridge to the summit of Becca della Traversière, the highest yet of the 'Old Trekkers' summits. The crystal clear, cloudless views ranged from Mont Blanc in the north to the Matterhorn and Monte Rosa in the east, and la Meije in the French Alps 50 miles away to the south.



The really nice path rising from the hut with a view of the peaks at the head of Val di Rhêmes: the rock knobble of Punta Basei (3338), the Lavassey and Fond glaciers then Punta Galisa (3346) and Roc Basagne (3219)



Entering Comba di Goletta with our first view of Becca della Traversière



Ice crystals at the edge of the stream



Neat stone bridge over the outflow stream from Lago di Goletta, with Granta Parei rising above the Goletta glacier



Granta Parei and Becca della Traversière



Second leg-stop above Lago di Goletta, with Gran Paradiso just peeping over the intervening ridge

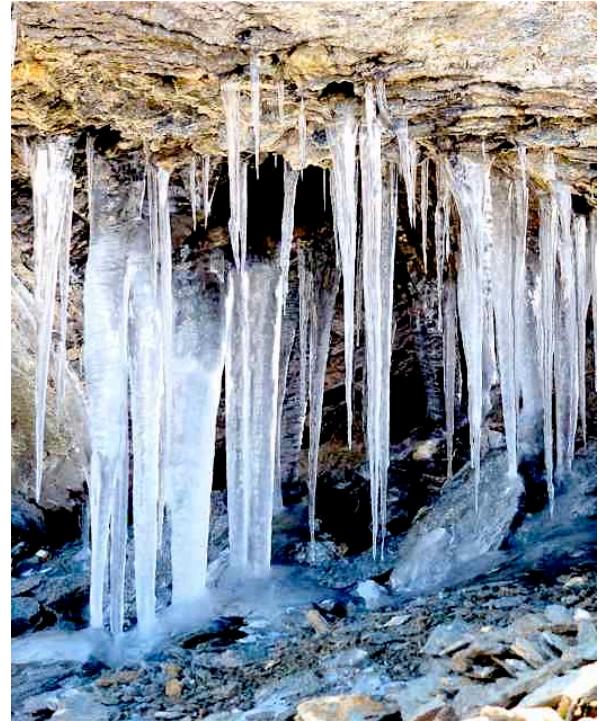
The route to Colle Bassac Déré involved crossing some scree, some rocky sections and some snowfields which were just right for kicking steps - nowhere was it difficult and it was a really interesting and enjoyable ascent.



On Colle Bassac Déré, with a view over the Gliairetta glacier to Aiguille de la Grande Sassière, at 3747 m (12,294 ft) the highest alpine summit I have reached (which was from Val d'Isère on the other side with MGS Trek in 1986)



La Grivola and Gran Paradiso on the skyline

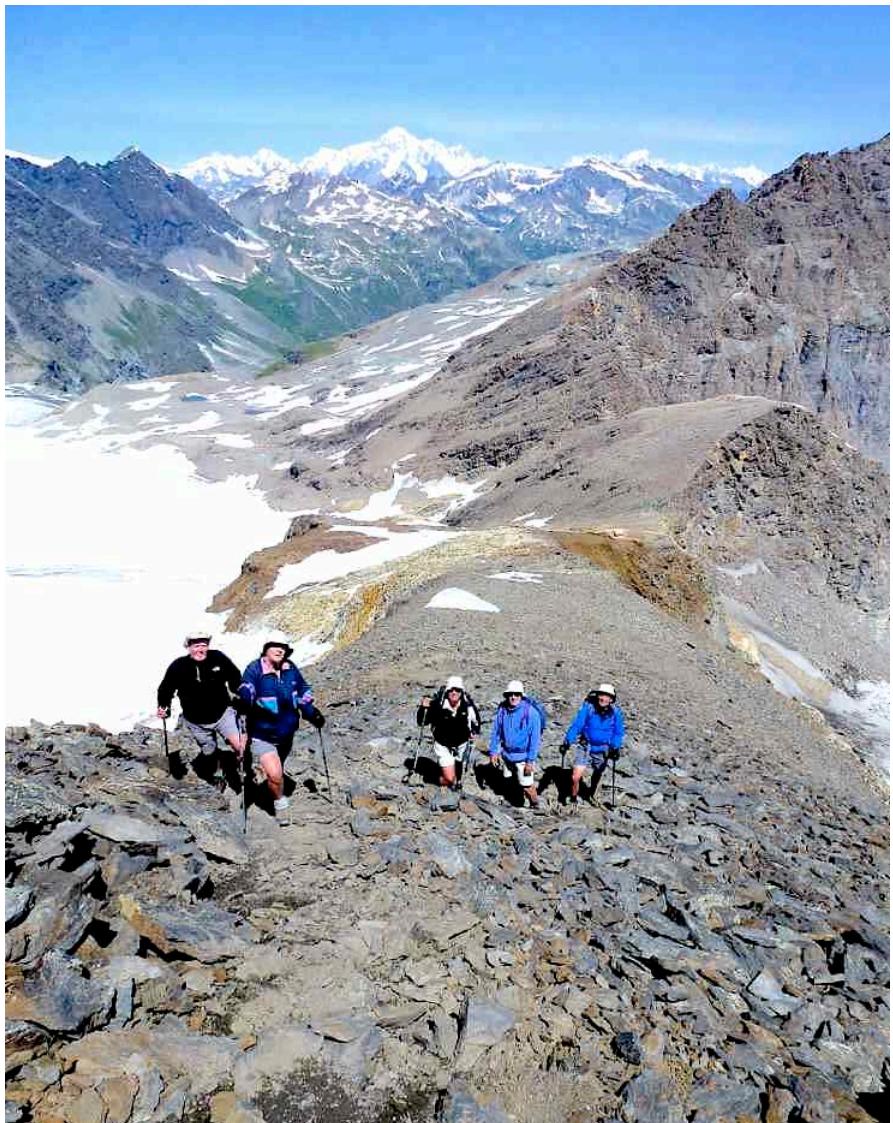


Icicles beneath an overhang on the col

From the col the main path goes down into Valgrisenche, but we turned south to follow just traces of a path up along the ridge to our summit.



Short Leaved Gentian (*Gentiana brachyphylla*)



Heading up the ridge near the summit, with the Mont Blanc massif now in view



More high altitude Creeping Aven



Mont Blanc stands between us

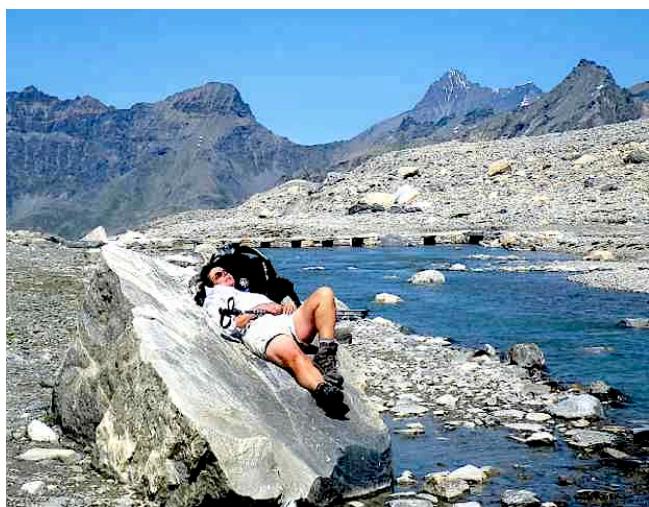


View north-east from the summit over the Goletta glacier and Lago di Goletta to the snowy peaks of the Matterhorn and Monte Rosa on the Swiss-Italian border 50 miles away, and the closer La Grivola and Gran Paradiso



View south-west over Lac de la Sassière into the Vanoise National Park in France, with the peaks of Grande Motte and Grande Casse on the skyline above the Lac de Sassière, and just peeping out to the left la Meije, 50 miles away

We returned by the same route, which was a really enjoyable descent, especially down the easy snowfields.



Must get a view across the lake ...

... and here it is, with our skyline ridge route rising from Colle Bassac Déré on the right behind the un-named rock outcrop to Becca della Traversière on the left



Bellflower (*Campanula cenisia*)



A variety of Saxifrage -  
possibly a rare *Saxifraga muscoides*



Alpine Toadflax (*Linaria alpina*)



And so back down to the hut (bottom left)





A wild alpine garden by the path



View down Val di Rhêmes from our dormitory window



I returned to the hut thinking that in my 39 years of climbing mountains, this had been the best day of all (and as I edit this, six years later, it still is!)

#### Summary

Distance	13.0 km
Ascent	1100 m
Descent	1100 m
Walking time	5-40
Total time	8-30

**Tuesday 17th****Trek****Bus****Rail****Rhêmes Notre Dame****Aosta****Milan****1723**

It was another glorious day when we set off at 7.40, with the sun brilliantly reflected from the Lavassey and Fond glaciers high above, though it was still very cold in the shade in the valley bottom. We descended by track and path through flower-filled pastures to Rhêmes for the bus to Aosta, followed by a train to Milan.



The sun reaches the valley bottom



The un-named waterfall where the Goletta stream tumbles into the main valley



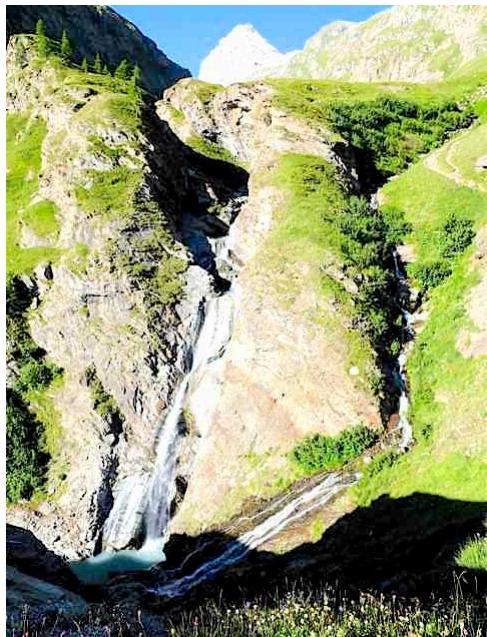
Houseleeks (*Sempervivum montanum*)



Turk's Cap Lily (*Lilium martagon*)



Alpine Pasqueflower (*Pulsatilla alpina*)



Summary	Distance	9.0 km	Ascent	40 m	Descent	600 m	Walking time	2-15	Total time	3-00
---------	----------	--------	--------	------	---------	-------	--------------	------	------------	------

At 10.40 we arrived in the charming village of Rhêmes-Notre-Dame to wait for our bus to Aosta.



Coffee and ice creams as we wait

They think it's all over - it is now, until next year!



Back in Milan we finish as we started ... with pizzas

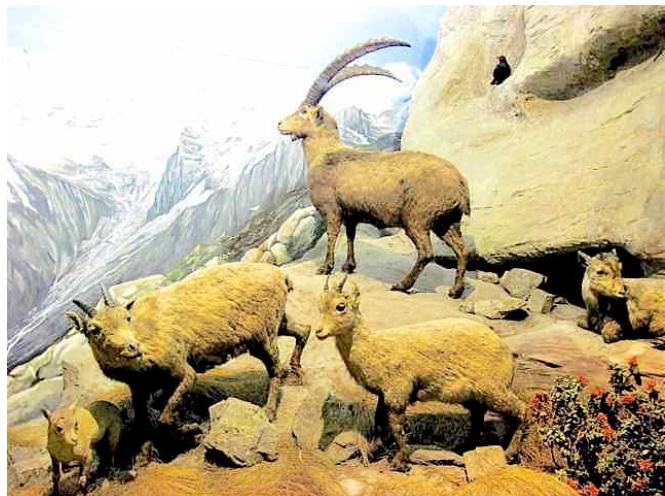
With an afternoon flight time of 3:10 we had time for a short walk round Milan before getting the shuttle bus to Malpensa from near the railway station.



A more leisurely breakfast than usual



The Natural History Museum



Closer than we usually get to Ibex



Milan station from the outside



The alps from the air

## OLD TREKKERS' TREKS 3000 m POINTS

It was in 2011 that I first had the idea of producing the following list of the 3000 m points that the OTT have reached. We were on the summit of Petzek, and I couldn't remember the last two digits of Hohe Riffler's height and hence which of them was higher, making it the second highest peak we had reached at that time. I have updated the list for this year.

All are summits except where marked • for cols and § for high points on a ridge.

Feet	Metres	Height	Year	High Point	Ascentionists	Whole party ascent
11,000	3350					
	3340	3337	2012	Becca della Traversière (10,949 ft)	Allan, John, Tim, Roger, Lesley, Judith	
	3330	3333	2006	Schaufel Spitz	Allan, John	
10,900	3320					
	3310					
	3300	• 3300	2012	Col Lauson	(10,827ft)	Allan, John, Tim, Roger, Lesley, Judith
10,800	3290					
	3280	3283	2011	Petzeck	Allan, John, Tim, Roger, Lesley	
	3270					
10,700	3260					
	3250					
	3240					
10,600	3230	3231	2007	Hohe Riffler	Allan, John, Tim	
	3220					
	3210					
10,500	3200					
	3190					
	3180					
10,400	3170					
	3160					
	3150	3152	2008	Piz Boè	Allan, John, Roger, Lesley, Judith	
10,300	3140	3144	2009	Le Taillon	Allan, John, Tim, Roger, Lesley, Judith	
	3130	3134	2007	Schönbichlerhorn	Allan, John, Tim, Nigel, Lesley, Judith	
	3120	3121	2011	Böses Weibl	Allan, John, Tim, Roger, Lesley, Judith	
10,200	3110					
	3100	3101	2012	Torre Ponton	(10,174 ft)	Allan, John, Tim, Roger, Lesley
	3090	§ 3100	2012	Punta Leynir (W)	(10,171 ft)	Allan, John, Tim, Roger, Lesley, Judith
10,100	3080					
	3070					
	3060					
10,000	3050	§ 3050	2006	Gamsspitzl (S)	Allan, John, Paul, Lesley, Judith	10,000 ft
	3040					
	3030	3032	2009	Petit Vignemale	Allan, John, Paul, Tim, Roger, Nigel, Lesley, Judith	
9,900	3020					
	3010	3006	2006	Rinnen Spitz	Allan, John, Mark, Judith, Julie	
	3000	3005	2009	Grand Fache	Allan, John, Tim, Roger, Lesley, Judith	
<b>3000 m points</b>					<b>Party members</b>	<b>Total party</b>
2006	Tirol – Stubai Alps			(3)	Allan & Lesley, John & Judith, Mark & Julie, Paul	7
2007	Tirol – Zillertal Alps			(2)	Allan & Lesley, John & Judith, Tim, Nigel	6
2008	Dolomites – Alta Via 2			(1)	Allan & Lesley, John & Judith, Roger	5
2009	Pyrenees			(3)	Allan & Lesley, John & Judith, Paul, Tim, Roger, Nigel & Jane	9
2010	Vorarlberg – Rätikon and Silvretta Alps				Allan & Lesley, John & Judith, Paul, Tim, Roger, Ian & Elizabeth	9
2011	Hohe Tauern – Glockner/Schober Alps	(2)			Allan & Lesley, John & Judith, Paul, Tim, Roger	7
<b>2012</b>	<b>Gran Paradiso</b>	(4)			Allan & Lesley, John & Judith, Tim, Roger	6
No 3000 m point reached that year.					<b>Total Treks</b> A&L: 7 J&J: 7 Tim: 5 Roger: 5 Paul: 4 Nigel: 2 Ian & Elizabeth: 1 Mark & Julie: 1 Jane: 1	