

## DOLOMITES HUT-TO-HUT TOUR - July 2014

### Val di Fassa and Brenta Group

Allan and Lesley Witton, John and Judith Willson, Tim Pattison and Roger Hand



Team photo on the snowy col of Bocca di Brenta



The evening sun on Catinaccio (2981) and the Vajolet towers



Pizzas in Bolzano – the first of many



Cima Tosa (3173) – the highest Brenta peak

## OUTLINE ITINERARY AND WALKING ROUTE SUMMARY

The route was in two separate parts, the first of which was a 5-day section which looped its way through the Sciliar and Catinaccio groups, followed by a day excursion along the flanks of the Sassolungo group on the north side of Val di Fassa. After a bus transfer from Canazei to Andalo, the second section was a 3-day circular loop through the Brenta group, climbing through the Bocca di Brenta and returning to Andalo via Passo Grostè. With few Dolomite summits accessible to walkers, the only ones climbed were the minor peak of Monte Pez (2563) above the Bolzano hut, and the rock outcrop of Ciampaz (2316 m) near the Roda di Vael hut. The highest point reached was Passo d'Antermoia (2770).

			13 days	4½ days travel	8½ days walking							
						Height	Distance	Ascent	Descent	Time in hours		
						m	km	m	m	Actual	Guide	Naismith
July												
M 14	Air Rail	Manchester > Verona Bolzano		Hotel								
T 15	Bus Cable car Trek Excursion	Siusi Compaccio Rifugio Bolzano Monte Pez		CAI (124)	2450	1000 1850 2563	8.5 1.5 10.0	780 110 890	180 110 290	3-00 0-30 3-30	3-00 1-00 4-00	3-30
W 16	Trek	Rifugio Vajolet via Passo Molignon and Passo Principe		CAI (115)	2246	2604 2601	11.5	710	910	5-00	4-40	3-30
T 17	Trek	Rifugio Roda di Vael via Passo delle Coronelle and the Zigolade ridge		CAI (60)	2283	2630	10.5 0.5	670 40	630 40	4-30 0-10	----	
	Excursion	Ciampaz				2316	11.0	710	670	4-40		3-20
F 18	Trek	Rifugio Passo Principe via Passo Zigolade		Private (24)	2600	2550	8.0	780	460	3-50	----	3-00
S 19	Trek	Canazei via Passo d'Antermoia		Hotel (9088 ft)	1430	2770	13.0	210	1380	4-00	----	3-00
S 20	Excursion	Via Friedrich August & Val Duron from Col Rodella		Hotel			13.5	120	1190	3-15	----	3-00
M 21	Bus	Transfer Canazei > Andalo		Hotel								
T 22	Bus Trek	Pradel Rifugio Pedrotti		CAI (120)	1360 2491		9.0	1200	70	4-10	4-30	3-50
W 23	Trek	Rifugio Graffer via Bocca di Brenta		CAI (64)	2261	2552	11.5	680	910	5-15	4-30	3-30
T 24	Trek	Andalo via Passo Grostè		Hotel	1072	2443	13.5	340	1530	4-45	5-00	3-15
F 25	Bus/Rail	> Trento > Venice		Hotel								Naismith daily average 3h-15
S 26	Bus/Air	Manchester										
			<b>Grand Totals:</b>		Distance 101 km 63 miles	Ascent 5,640 m 18,500 ft	Descent 7,410 m 24,300 ft	<b>Time 39 hours</b>				
			<b>Daily averages:</b>		11.2 km 7.0 miles	630 m 2060 ft	830 m 2720 ft	<b>4h-15</b>				

A Trek

is a linear walk from one place to the next with full packs

An Excursion

is a return walk without full packs

**Monte Pez**

Summits in bold

**2770**

Highest point

CAI/Private

Italian Alpine Club/private hut, with number of places

Walking Times (excluding stops)

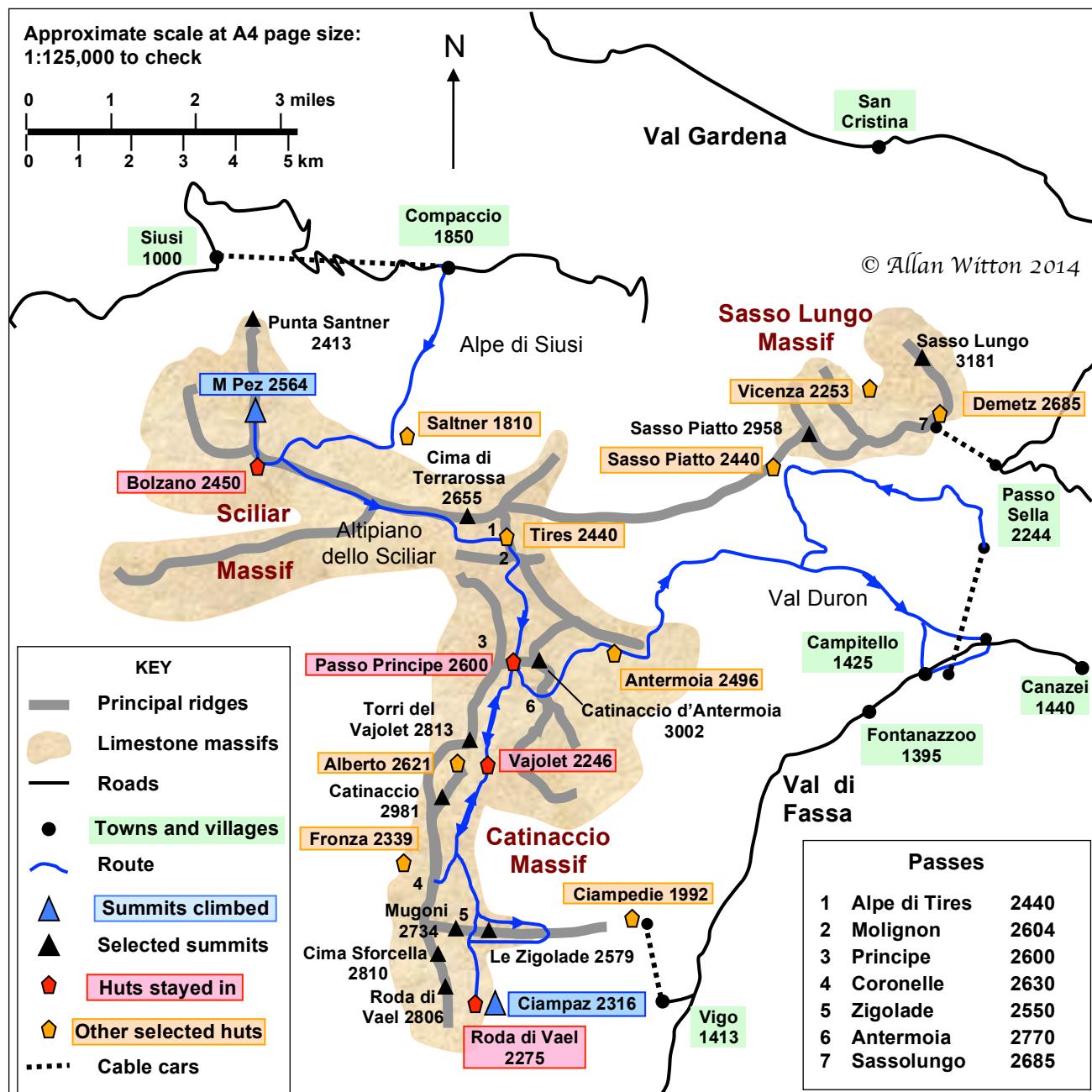
Actual: For the slowest of our group; lead times were often considerably shorter, especially on big climbs

Guide: Times according to Gillian Price's 'Walking in the Dolomites' guide

Naismith: According to Naismith's Rule: 12 minutes/km and 10 metres/minute for ascent

Our average walking time was 30% longer than Naismith's, which is about our average.

# SKETCH MAP Part 1 - Val di Fassa: Sciliar, Catinaccio and Sasso Lungo Massifs



## Proposed Route

1. Compaccio > R. Bolzano
2. R. Vajolet via Passo Principe
3. R. Roda di Vael via P. Coronelle & R. Fronza
4. R. Passo Principe via R. Ciampedie
5. R. Sasso Piatto
6. Canazei via R. Vicenza & R. Demetz

## Actual route

1. Compaccio > R. Bolzano
2. R. Vajolet via Passo Principe
3. R. Roda di Vael via P. Coronelle & Zigolade ridge
4. R. Passo Principe via P. Zigolade
5. Canazei via Val Duron
6. Excursion: Friedrich August Weg & Val Duron

As none of us knew the area, the route was based on walks from Gillian Price's 'Walking in the Dolomites' guide (Cicerone 1991), and was a variation/combination of Walk 17 (Siusi to Vigo di Fassa, 3-4 days), Walk 18 (Vigo to Fontanazzo, 2 days) and Walk 16 in the Sasso Lungo Massif (1-2 days). Our initial intended route (Day 4 to R. Antermoia, Day 5 to R. Vicenza and Day 6 to Canazei via R. Demetz) would have been a more satisfying trekking route, but was ruled out because the Antermoia hut was closed for re-building work. Our proposed route was amended because the Sasso Piatto hut couldn't accommodate us on the date required, so we descended to Canazei, and did a day excursion from there.

**Maps** Tabacco Sheet 06 1:25,000 Val di Fassa e Dolomiti Fassane  
Kompass Sheet 686 1:25,000 Val di Fassa Marmolada Gruppo di Sella

Neither is as accurate as I expect for maps of this scale. I prefer the topography of the Tabacco map.



View along Valle del Vajolet from Passo Zigolade



Beneath Cima Sforcella



By Lago d'Antermoia, with Catinaccio d'Antermoia (3002)



On Passo Zigolade



On the snow climb to Passo Principe

Monday 14th

Air  
Rail

Manchester to Verona  
Bolzano

An early flight to Verona and a short train journey to Bolzano gave us the afternoon to look round this interesting old town with its marvellous cathedral, narrow streets and displayed images of Ötzi, who now resides in the museum.



Ötzi's the one on the right!



Tuesday 15th

Bus	Siusi	1000
Cable car	Compaccio	1850
Trek	Refugio Bolzano	2450
Excursion	Monte Pez	2563

A short bus ride to Siusi then a cable car to Compaccio enabled us to start Trek with an easy walk through the flower-filled hay meadows of Alpe di Siusi to the Saltner hut for lunch.



The short walk between the bus and the cable car with Punta Santner (2413) above



The northern edge of Altipiano dello Sciliar and Punta Santner from Compaccio



The easy walk through the flower-filled hay meadows of Alpe di Siusi.



Lunch outside the Saltner hut

A well-made zig-zag path then leads up the 600 m climb to Altipiano dello Sciliar and the large Bolzano hut.



After checking in at the Bolzano hut and a mug of tea we made the short ascent to Monte Pez with its marvellous panorama over the hut to the Catinaccio group, to several other Dolomitic groups and even as far as the Austrian alps.

Afternoon tea outside the Bolzano hut





The Bolzano hut, and beyond it the Catinaccio Group through which we would walk for the following 4 days



Catinaccio d'Antermoia (3002)

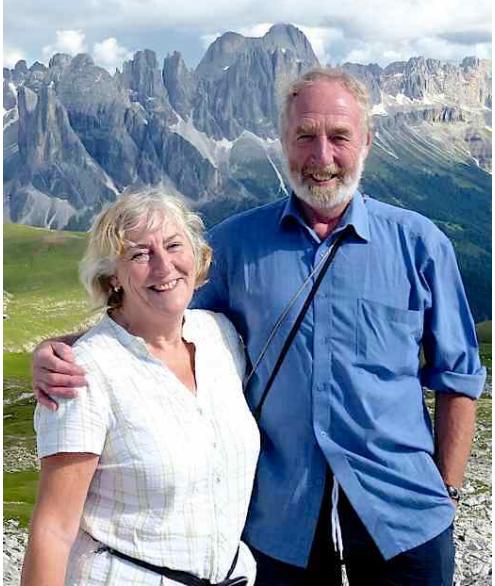
Torri de Vajolet

Catinaccio (2981)



On the summit of Monte Pez





The grand day room



Late evening sun on the hut

<b>Summary</b>	Distance	10.0 km	Ascent	890 m	Descent	290 m	Walking time	3h-30	Total time	6h-30
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The Total time is the time between the start and the end of each day's walking.

<b>Wednesday 16th</b>	<b>Trek via and</b>	<b>Rifugio Vajolet Passo Molignon Passo Principe</b>	<b>2246 2604 2601</b>
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Clouds billowed round the peaks to dramatic effect as we took the easy path along the Altipiano dello Sciliar ridge.



A superbly made path then zig-zags down below Cima di Terrarossa before climbing to the Alp di Tires hut.



A short, easy cable-assisted scramble over a rock band led to the dramatic Passo Molignon, with an easy snow slope on its northern side and an amazing zig-zag scree descent down its impossibly steep-looking southern flank.



The scramble over the rock band above the Alpe di Tires hut



Leg stop, with Passo Molignon ahead and the distant Passo Principe



The short snow climb to Passo Molignon ...



... and the long scree descent, with Passo Principe ahead

It was then a long, strenuous but straightforward snow plod up to Passo Principe, with its small refuge tucked under a rock outcrop and a fabulous view. A broad track then led down between towering peaks through the heart of the Catinaccio group to the Vajolet hut.



The start of the snow climb to Passo Principe



The Passo Principe hut where we were to stay in three days time



Descent down Valle del Vajolet, through the heart of the Catinaccio, to the Vajolet hut  
Our return route was over Passo Zigolade, the distant low point on the left skyline  
The central peak is Catinaccio (2981), which gives its name to the whole group



Afternoon tea at the hut



Edelweiss (*Leontopodium alpinum*)



Our own 6-bed room, with comfy bunks and duvets!

Summary	Distance	11.5 km	Ascent	710 m	Descent	910 m	Walking time	5h-00	Total time	7h-45
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<b>Thursday 17th</b>	<b>Trek</b>	<b>Rifugio Roda di Vael</b>	<b>2283</b>
	<b>via</b>	<b>Passo delle Coronelle</b>	<b>2630</b>
	<b>Excursion</b>	<b>Ciampaz</b>	<b>2316</b>

It was a beautiful day for the climb to Passo delle Coronelle, initially up a grassy path then a rocky scramble alongside the snow which filled the corrie east of the col.



The first leg-stop, 50 minutes above the Vajolet hut (just left of centre), with Passo Principe the notch in the skyline at the head of Valle delle Vajolet



The rocky path to Passo delle Coronelle, visible above the snowfield



When we looked at the descent from the col to the Fronza hut we decided that the snow in the shaded gully was too steep and icy to attempt safely in descent (though others had ascended that way).

Our intention had been to follow the balcony path from the Fronza hut to the Roda di Vael hut.

Instead we turned back, this time galloping down the soft snowfield, to then take the excellent balcony path which loops beneath the pinnacles of the Zigolade ridge. This path is marked as difficult on the Kompass map and not marked at all on the Tabacco map. In fact it is a clear, easy and spectacular path.



Two walkers climb the snow we judged too dangerous to descend





The balcony path beneath the pinnacles of the Zigolade ridge



Crossing the ridge, with Val di Fassa below and the Sella group and the Marmolada in the distance



Verticillate Lousewort (*Pedicularis verticillata*)



Shining Cinquefoil (*Potentilla nitida*)



Trumpet Gentian (*Gentiana acaulis*)



Round the ridge the hut comes into view



Afternoon tea in the sunshine again



View over the hut to Mugoni (2734) and the Zigolade ridge, with the following day's col, Passo Zigolade, between



Must get a picture of ...



... the helicopter making drops of supplies to the hut



Tim finds the scrambling route up the rock tower of Ciampaz from the other side



View from Ciampaz, over the hut to the peak of Roda di Vael (2806) and the towers of Cima Sforcella (2810)



The Zigolade ridge from Ciampaz



Large Flowered Cinquefoil (*Potentilla grandiflora*)



Evening sun on the Marmolada

In the evening we had a brief, intense shower of rain and several miles to the south of the hut a fierce thunderstorm developed, treating us to a spectacular display of lightning.



Even though we weren't able to follow our intended route, it had been an excellent, possibly better, day's trekking.

Summary	Distance	11.0 km	Ascent	710 m	Descent	670 m	Walking time	4h-40	Total time	6h-30
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<b>Friday 18th</b>	<b>Trek via</b>	<b>Rifugio Passo Principe Passo Zigolade</b>	<b>2600 2550</b>
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There was early drama as a rescue helicopter was called to evacuate a man who was taken ill in our dormitory during the night.



The helicopter arrives ...

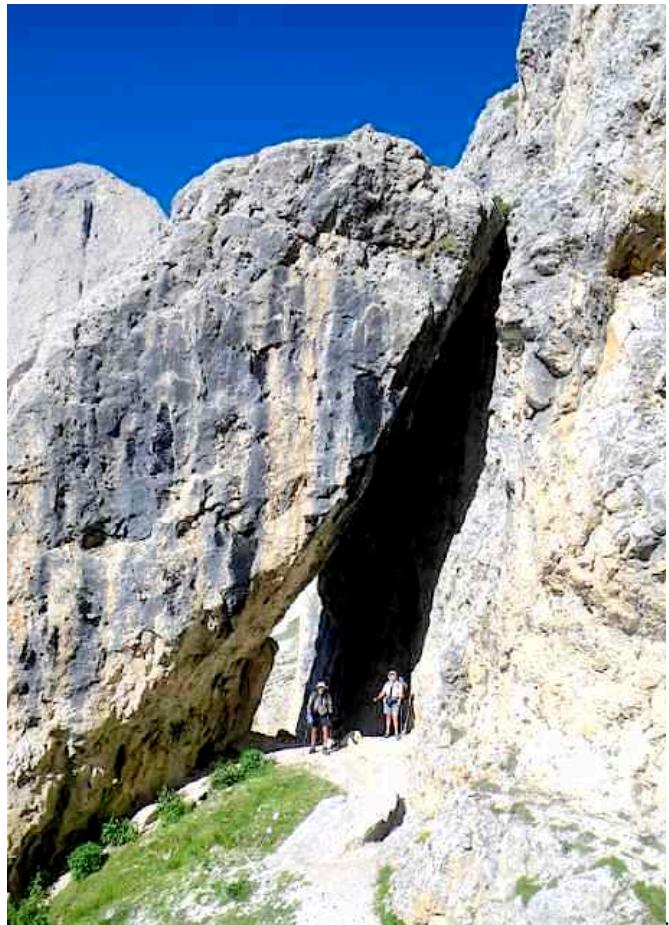


... and the patient is taken aboard

Having observed that Passo Zigolade was clear of steep snow on both sides we returned along the path by which we had arrived at the hut and then made the steep and interesting crossing of the col to re-join the Zigolade balcony route on the north side of the ridge.



The path beneath the towers of Cima Sforcella and Mugoni en route to Passo Zigolade, the 'U'- shaped col on the right



The path passes beneath a huge fallen limestone tower



The first leg stop with Passo Zigolade above



Valle del Vajolet from Passo Zigolade



A rare Rhaetian poppy (*Papaver rhaeticum*)



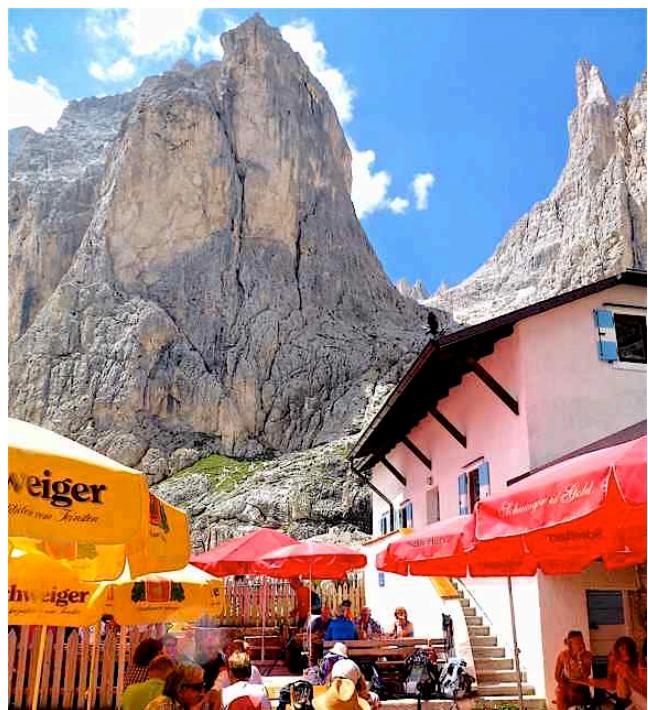
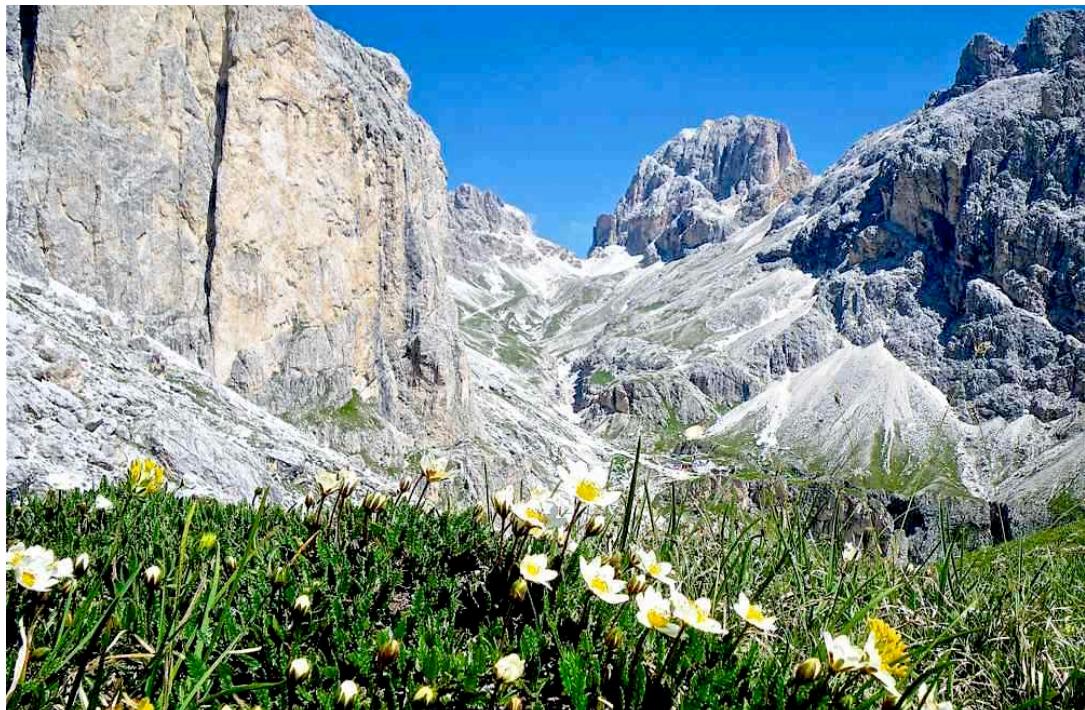
The descent from Passo Zigolade



Leg stop back down on the balcony path, followed by the easy walk to the very busy Vajolet hut for lunch



This trekking is such hard work!

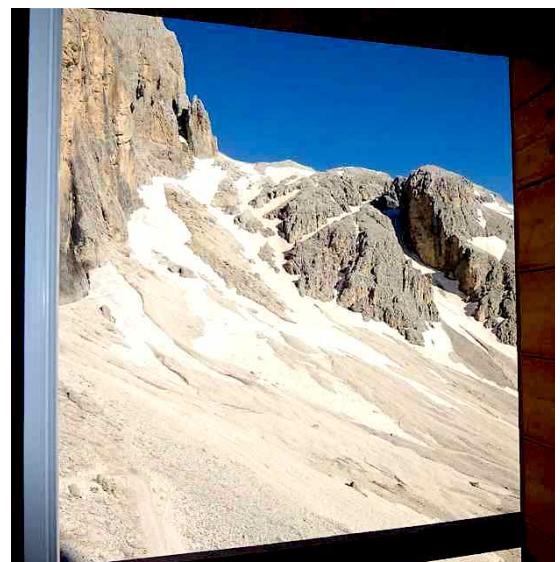


Lunch back at the Vajolet hut ...



... with the Vajolet Towers above

It was then a leisurely afternoon walk up the track to the Passo Principe hut, where we were made particularly welcome, and from where we observed a marvellous sunset.



View from our dormitory window of the following day's route over snow beneath the rock wall



Lesley catches the evening sun outside the Passo Principe hut.



Our host, the hut owner, Sergio ...



... our cook ...



... and our friendly waiter, Mario



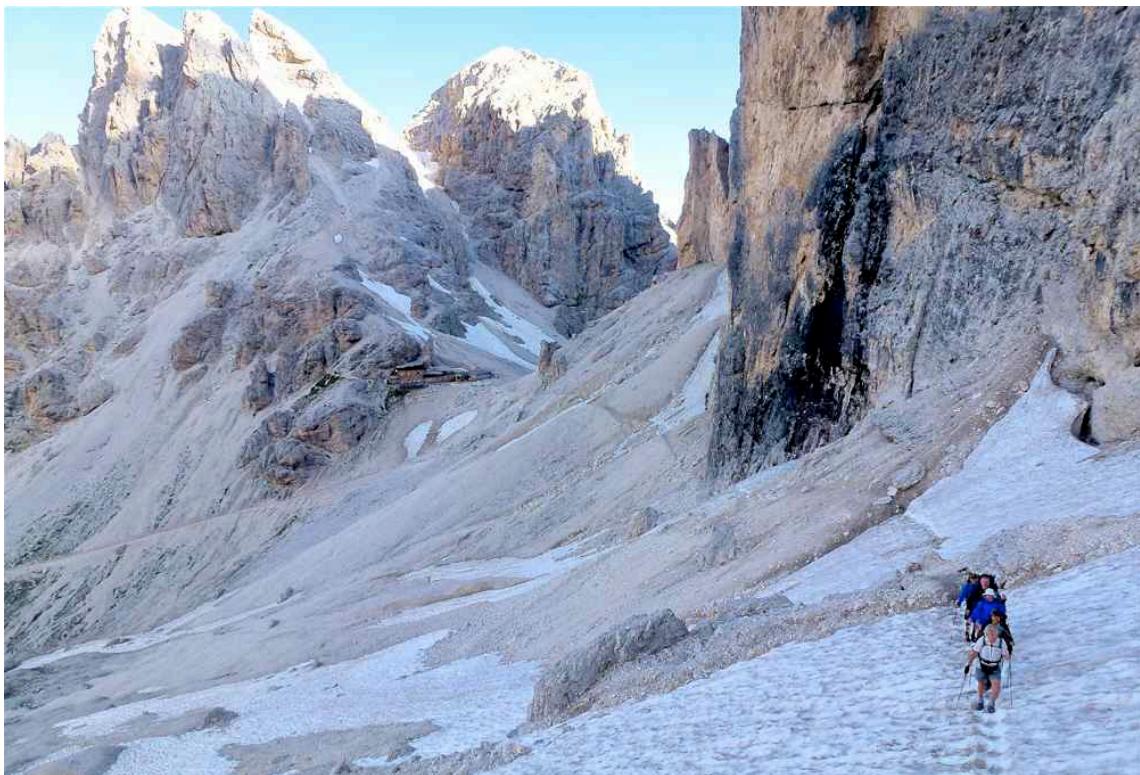
Summary	Distance	8.0 km	Ascent	780 m	Descent	460 m	Walking time	3h-50	Total time	7h-30
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**Saturday 19th**

<b>Trek</b>	<b>Canazei</b>	<b>2450</b>
<b>via</b>	<b>Passo d'Antermoia</b>	<b>2770</b>

With an 8 o'clock start to the walking it was clear, cold and crisp in the shade for the fairly straightforward ascent over scree and snow patches to our highest point of the Trek, Passo d'Antermoia (2770 m, 9088 ft). During the climb we had our only sighting of an ibex.

From the col there were good views back to the Catinaccio peak (2981) and ahead down into Vallon d'Antermoia.



View back to the hut tucked under the rock on Passo Principe



John spots a lone ibex on the snow



On Passo d'Antermoia, our highest point, with Catinaccio to the west ...



... and Vallon d'Antermoia to the east

Ignoring the path to the north of it, we walked easily down the long, gentle snowfield to the surprisingly flat-bottomed Vallon d'Antermoia with the picturesque, snow-rimmed Lago d'Antermoia at the eastern end.



Where's the path Allan? - 'Never mind the path, just follow Tim!'



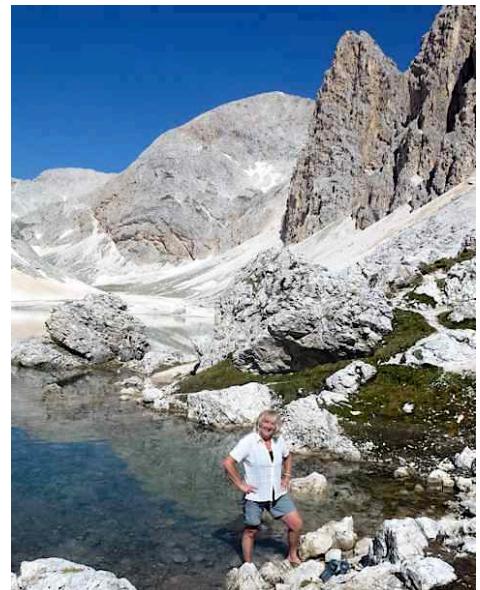
The danger of glissading too fast!



Descent to the floor of Vallon d'Antermoia with the cliffs of Croda del Lago (2806) ahead



Lago d'Antermoia



Time for a quick paddle

After a coffee stop at the Antermoia hut (currently being rebuilt) we began our long descent down sweeping zig-zags, then through the flower-filled southern flanks of Val Duron to join the valley-bottom track which passes through a quirky sculpture park and then down to Canazai.



The descent into Val Duron, with the Sasso Lungo and Sella Groups



Alpine Pasque Flower (*Pulsatilla alpina*)



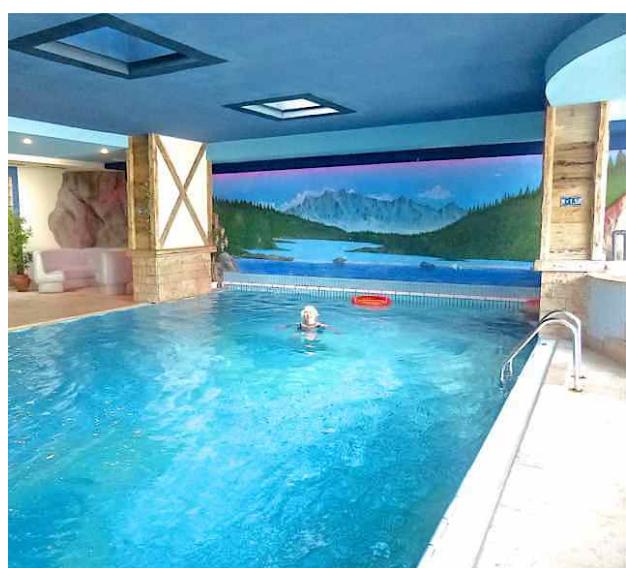
Turk's cap lily (*Lilium martagon*)



Sculpture park in Val Duron



Thick hot chocolate **and** chocolate cake at the Micheluzzi hut



Relaxing in the hotel pool in Canazei



Summary	Distance	13.0 km	Ascent	210 m	Descent	1380 m	Walking time	4h-00	Total time	7h-00
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**Sunday 20th**

**Excursion  
Via Friedrich August  
& Val Duron**

A cable car ride from Campitello took us to Col Rodella, beneath the towers of the Sasso Lungo Group.

We followed the balcony route beneath the southern cliffs of the group which is named after Friedrich August, the last king of Saxony and a Dolomite enthusiast, and then descended into Val Duron to return by the previous day's route.

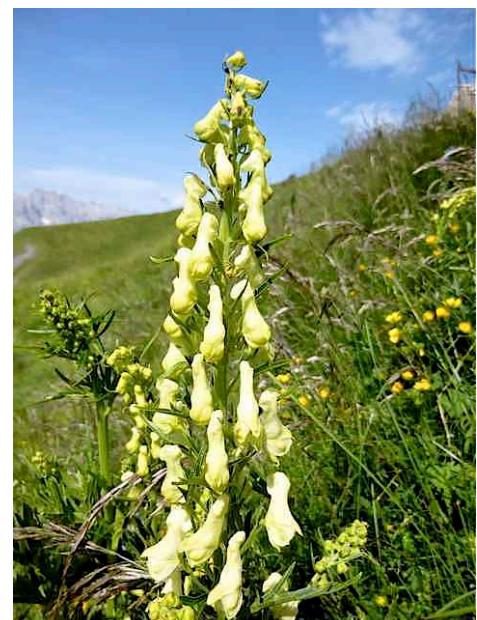
The south-east summits of the Sasso Lungo group from Col Rodella:  
Sasso Levante (3114) and  
Spallone del Sassolungo (3081)



Friedrich points the way to the start of his path



On the Via Friedrich August beneath Il Dente and Sas Da Mezdi



Wolfsbane (*Aconitum lycoctonum*)



Fragrant Orchid (*Gymnadenia conopsea*)



View over Val Duron to the Catinaccio Group where we were the previous day



Coffee stop at the Sandro hut.



Coffee and cake back in Canazei



Mural depicting 'The arrival of British tourists in Val di Fassa'  
(before the invention of rucksacks!)

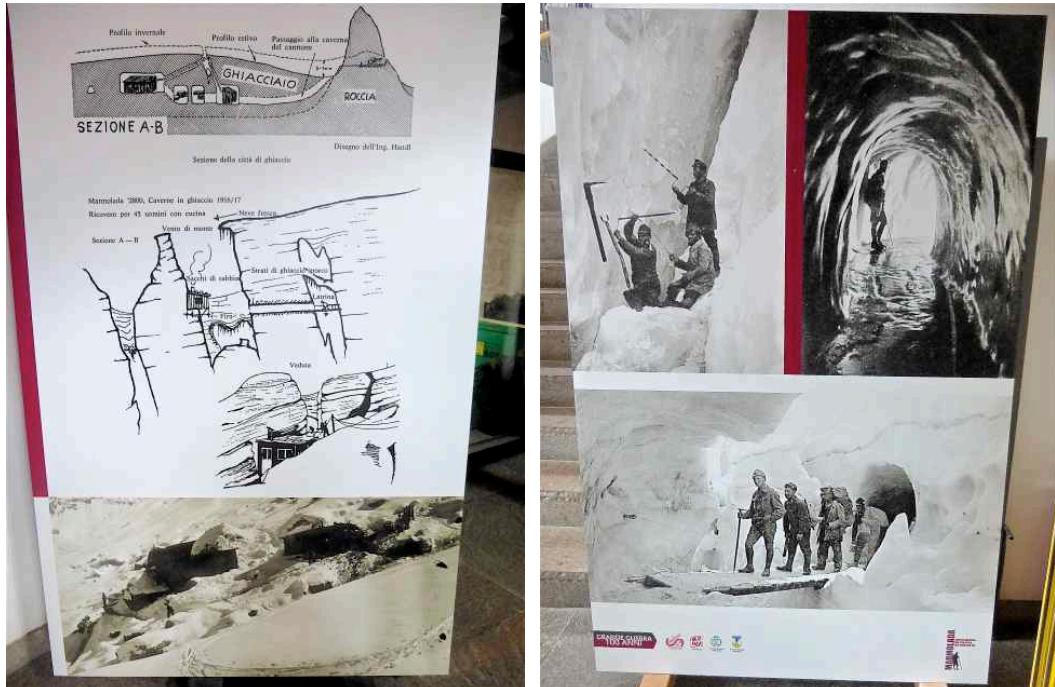
#### Summary

Distance	13.5 km
Ascent	120 m
Descent	1190 m
Walking time	3h-15
Total time	5h-00

**Monday 21st**  
**Bus transfer to Andalo**

There was a really interesting exhibition in Canazei about the fortifications which were constructed in the Marmolada glacier as part of the front line in the First World War.

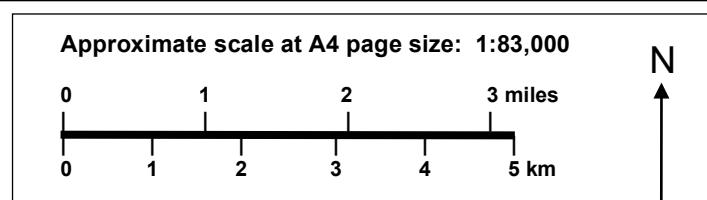
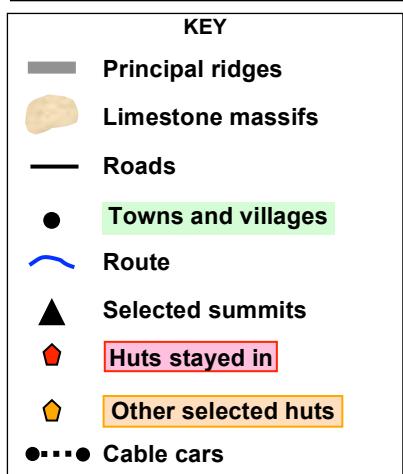
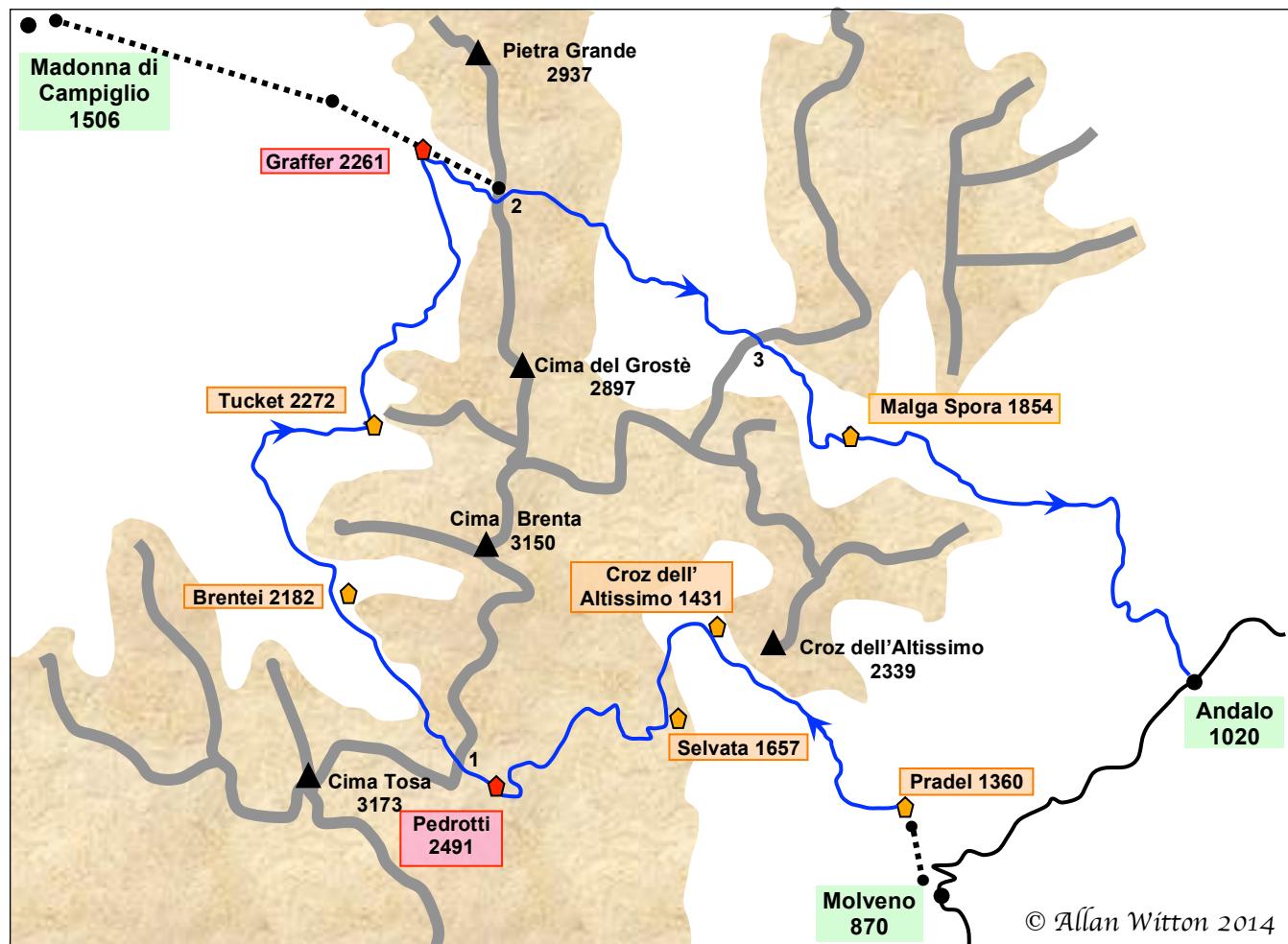
After Italy declared war on Austria-Hungary (on May 23, 1915), trenches were prepared, tunnels were dug, military maneuvers were performed at altitudes considered to be unthinkable, and cannon and rifle shots echoed for 30 long months on the Dolomites as well - from the Rolle Pass to San Pellegrino, from the Mt. Marmolada to Col di Lana, from the Tofane massif to the Tre Cime di Lavaredo. Mt. Marmolada thus became the highest battlefield on the entire Dolomites front, and one of the highest in the World War I and of all time. The mountain was unkind to those who assaulted and disturbed it, especially in winter, when it caused the poor soldiers enormous difficulties and tribulations. In November 1917, the front shifted from the Dolomites to the Piave river and silence finally reigned on these mountains again. As it recedes quickly, the glacier on Mt. Marmolada - a watchful guardian for almost a century - is gradually uncovering relics that once belonged to the combatants.



It was a grey, rainy day for the 2-bus transfer from Canazei to Andalo, where we arrived in the early afternoon to stay at the beautifully appointed Hotel Garni la Roccia.



SKETCH MAP Part 2 – Brenta Group



**Passes**

1	Bocca di Brenta	2552
2	Passo del Grostè	2442
3	Passo della Gaiarda	2242

None of us knew the Brenta either, so the route was also based on walks from Gillian Price's guide. Her two walks in the Brenta make use of the only two routes across of the main massif available to walkers; Walk 31 Madonna to Molveno via Bocca di Brenta (2-3 days) and Walk 32 Madonna to Andalo via Passo del Grostè (1-2 days). Our route, starting from Pradel and missing out Madonna, made an excellent circuit through the main peaks in just 3 days.

Maps Tabacco Sheet 053 1:25,000 Dolomiti di Brenta  
Kompass Sheet 688 1:25,000 Gruppo di Brenta

Again, I prefer the topography of the Tabacco map.

<b>Tuesday 22nd</b>	<b>Bus Trek</b>	<b>Pradel Rifugio Pedrotti</b>	<b>1360 2491</b>
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Repairs to the Molveno to Pradel cable car (our intended start) meant that we had to take the substitute shuttle bus from Andalo to Pradel, from where a wonderful path, almost dead level, leads initially through woods then along wide ledges in the cliffs of the south-west face of Croz dell'Altissimo to the eponymous hut.



It was a fine day as we set off from Pradel



Ledges across the face of Croz dell'Altissimo



Giant snails at the hut



The climb begins with a stream crossing

From there it's a continuous 1000 m ascent, past the beautifully situated Selvata hut, up a well-made zig-zag path amongst towering peaks and finally an easy cable section over a rock band to the dramatically situated Pedrotti hut.



Retrospective view of the south-west face of Croz dell'Altissimo with the hut path through trees along its base



The hut comes into view on the skyline



Retrospective view of the path and down to Croz dell'Altissimo



Arriving at the hut with Bocca di Brenta on the right



The hut and Croz del Rifugio (2615)



The hut's goods lift



John tries out tight-rope walking



Summary	Distance	9.0 km	Ascent	1200 m	Descent	70 m	Walking time	4h-10	Total time	6h-00
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<b>Wednesday 23rd</b>	<b>Trek via</b>	<b>Rifugio Graffer Bocca di Brenta</b>	<b>2261 2552</b>
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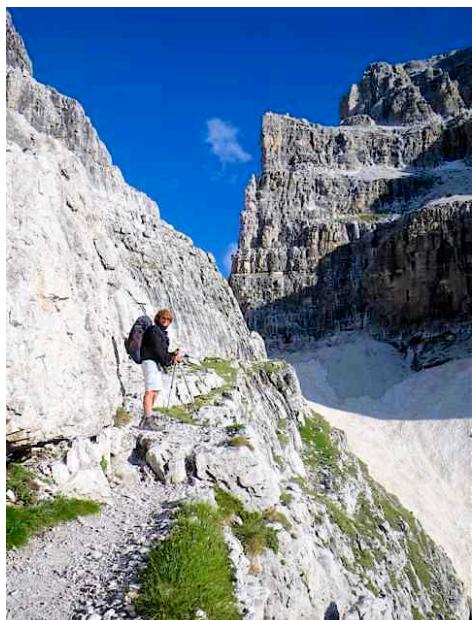
The path leaves the hut along a broad ledge which brought us to a short, easy snow slope and Bocca di Brenta within 10 minutes. There was a splendid view between the rock towers down Val Brenta to the Adamello group.



6.30 a.m. and the sun hits the hut



View from the dorm window



A 10 minute walk from the hut up to Bocca di Brenta



The continuous snow cover down to about 2300 m wasn't too icy, but it was quite steep at first and we had to work our way down carefully.



The steep snow in Val Brenta Alta



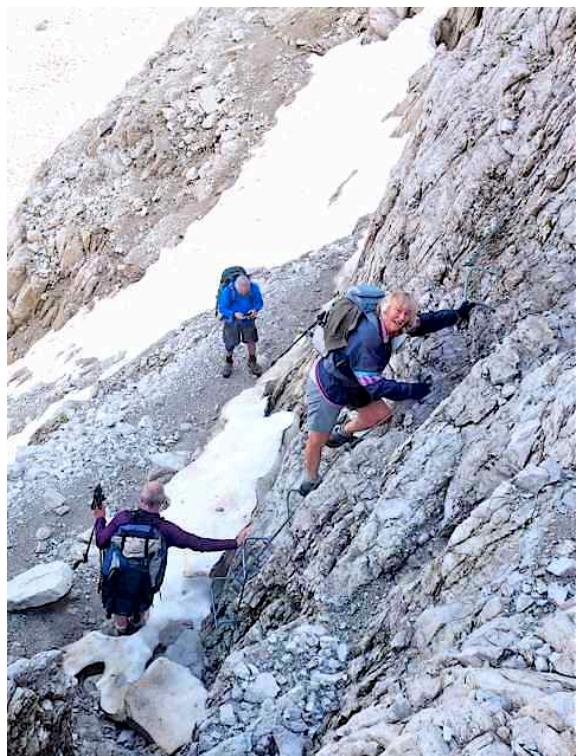
Below the upper snowfield, in order to avoid an extremely steep and icy snow gully we had to descend a rock band by way of a fairly steep via ferrata comprising cables and foot pegs.



Roger leads the way down the via ferrata ...



... followed by Tim and Lesley ...



... then Allan and Judith



Retrospective view of the rock band and the snow gully to its left



Below Campanile Alto (2923)

Once off the snow, an easy path beneath most impressive towers then led us gradually down to the Brentei hut.



Retrospective view up Val Brenta



The Brentei hut ...



... and its memorial chapel

We followed the amazing 'Sentiero Bogani' along rock ledges and through a tunnel, after which a good path ascends to the spectacularly situated Tuckett hut.



On the Sentiero Bogani



Approaching the Tuckett hut (middle left) with the tower of Punta Massari (2846)



Lunch at the Tuckett hut

The final section was an undulating traverse round the flanks of Torrione di Vallesinella to the Graffer hut to complete our longest day, 5h-15 walking time.



The final pull up beyond Torrione di Vallesinella (2462)



Arriving at the Graffer hut



Coffee and cake on arrival



Being a ski chalet too, the rooms are well appointed

Summary	Distance	11.5 km	Ascent	680 m	Descent	910 m	Walking time	5h-15	Total time	8h-00
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<b>Thursday 24th</b>	<b>Trek via</b>	<b>Andalo Passo del Grostè</b>	<b>1072 2443</b>
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It was a grey, rainy day, with the higher peaks in cloud, as we set off to follow path 301 all the way to Andalo. After a 20 minute pull up to Passo del Grostè it was a long, gradual, almost continuous 1400 m (4,600 ft) descent through the northern, greener part of the Brenta, with occasional views of the peaks when the cloud lifted a little.



All well wrapped and ready to go – with Passo del Grostè on the skyline



A long, easy scree descent from Passo della Gaiarda



At the half-way point there was a warm welcome, and hot chocolate, at the mountain dairy farm of Malga Spora.



And so back down to rainy Andalo ...



... where we salute Roger's knee, which had been giving him such serious problems in the weeks before departure that joining us had been in doubt, but in the end it had performed admirably for the whole route

(Lesley can't tell his knee from his elbow!)

#### Summary

Distance	13.5 km
Ascent	340 m
Descent	1530 m
Walking time	4h-45
Total time	6h-30



Sadly we hadn't spotted any of the real native brown bears which live in the remoter forested parts of the Brenta



A celebratory al fresco meal in Andalo



Friday 25th

Bus/rail

Trento > Venice

The transfer by bus to Trento and a really interesting train journey through the mountains and via Bassano del Grappa got us to Venice by 2.30, leaving us plenty of time for a look round. We took a vaporetto from the station to St. Mark's Square and meandered back through the narrow streets and past many of the famous sites.



They think it's all over –  
it is now – until next year!

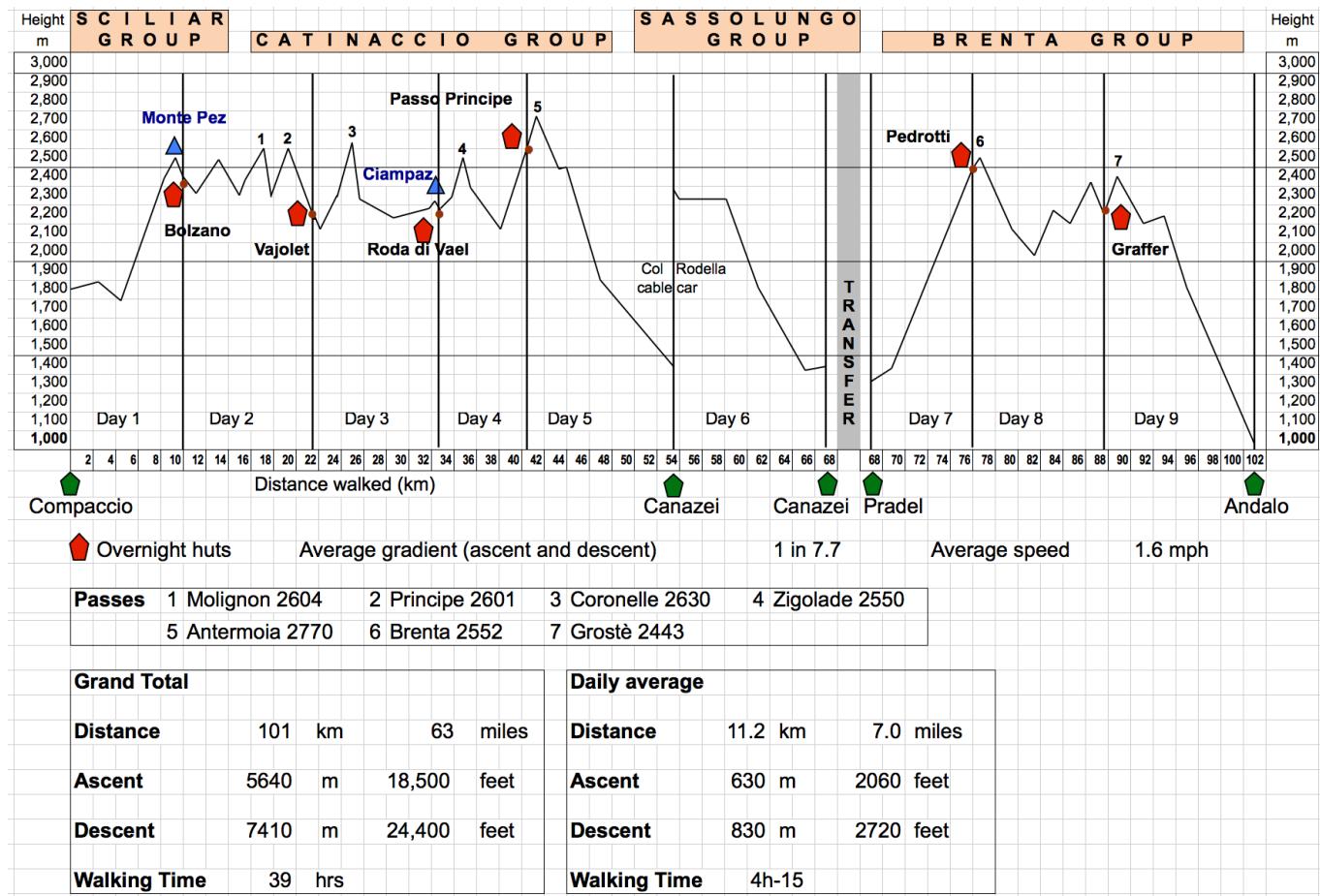
101 km (63 miles) walked in 38 hours  
(what? – that's less than 2 mph!)

5640 m (18,500 feet) ascended

7410 m (24,300) feet descended

And about 30 pizzas consumed in total.

## ROUTE PROFILE AND SUMMARY



I produced the first version of this log in the autumn of 2014 and circulated it to the group. It was the first OTT log in which I used lowres images to give a pdf file small enough to attach to an email. In 2015 I got a new computer with improved software, and since then my photo-editing has improved and I have developed a new style that I prefer. I produced this edition, with more images and various other additions, in 2020 on an Apple iMac 27" desktop using Word for Mac 2011, with iPhoto and Preview to edit the images.

Most of the images in this log were taken by Lesley and me, but thanks to John for the 33 of his which I have included; his are marked with a small dot after them. To keep the overall file size down, all the images are low resolution but of sufficient quality to display fairly well at A4 page size. The average size of the 203 images used is about 58 kB, giving a file size of about 12.6 MB, the size of about 4 original images.

Thanks to Dave Shaw who identified the flowers I didn't know.

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V2



## OLD TREKKERS' TREKS 3000 m POINTS

It was in 2011 that I first had the idea of producing the following list of the 3000 m points that the OTT have reached. We were on the summit of Petzek, and I couldn't remember the last two digits of Hohe Riffler's height and hence which of them was higher, making it the second highest peak we had reached at that time. I have updated the list each year since.

All are summits except where marked • for cols and § for high points on a ridge.

Feet	Metres	Height	Year	High Point	Ascentionists	Whole party ascent
	3450	3457	2013	Kreuzspitz	(11,342 ft)	Allan, Tim, Lesley (John, Judith, Ian: E ridge 3320 m ♀ Paul ~ 3200 m #)
11,300	3440					
	3430					
	3420					
11,200	3410					
	3400					
	3390					
11,100	3380					
	3370					
	3360	3360	2013	Saykogel	Allan, John, Tim, Lesley, Judith	
11,000	3350					11,000 ft
	3340	3337	2012	Becca della Traversière	Allan, John, Tim, Roger, Lesley, Judith	
	3330	3333	2006	Schaufel Spitz	Allan, John	
10,900	3320					◊
	3310					
	3300	• 3300	2012	Col Lauson	Allan, John, Tim, Roger, Lesley, Judith	
10,800	3290					
	3280	3283	2011	Petzeck	Allan, John, Tim, Roger, Lesley	
	3270	3270	2013	Im Hintern Eis	Allan, John, Tim, Lesley, Judith	
10,700	3260					
	3250					
	3240					
10,600	3230	3231	2007	Hohe Riffler	Allan, John, Tim	
	3220					
	3210					#
10,500	3200					
	3190					
	3180					
10,400	3170					
	3160					
	3150	3152	2008	Piz Boè	Allan, John, Roger, Lesley, Judith	
	3144	2009		Le Taillon	Allan, John, Tim, Roger, Lesley, Judith	
10,300	3140	3140	2013	Urkundkolm	Allan, John, Tim, Lesley	
	3130	3134	2007	Schönbichlerhorn	Allan, John, Tim, Nigel, Lesley, Judith	
	3120	3121	2011	Böses Weibl	Allan, John, Tim, Roger, Lesley, Judith	
10,200	3110	§ 3110	2013	Hohe Geige (W)	Allan, John, Tim, Ian, Lesley, Judith (Paul ~ 3000 m)	
	3100	3101	2012	Torre Ponton	Allan, John, Tim, Roger, Lesley	
	3090	§ 3100	2012	Punta Leynir (W)	Allan, John, Tim, Roger, Lesley, Judith	
10,100	3080					
	3070					
	3060					
10,000	3050	§ 3050	2006	Gamsspitzl S)	Allan, John, Paul, Lesley, Judith	10,000 ft
	3040					
	3030	3032	2009	Petit Vignemale	Allan, John, Paul, Tim, Roger, Nigel, Lesley, Judith	
9,900	3020	3023	2013	Wildes Mannle	Allan, John, Tim, Lesley, Judith	
	• 3019	2013		Similaun Hütte	Allan, John, Tim, Ian, Judith	
	3010	3006	2006	Rinnen Spitz	Allan, John, Mark, Judith, Julie	
	3000	3005	2009	Grand Fache	Allan, John, Tim, Roger, Lesley, Judith	
<b>3000 m points</b>					<b>Party members</b>	<b>Total party</b>
2006	Tirol - Stubai Alps			(3)	Allan & Lesley, John & Judith, Mark & Julie, Paul	7
2007	Tirol - Zillertal Alps			(2)	Allan & Lesley, John & Judith, Tim, Nigel	6
2008	Dolomites - Alta Via 2			(1)	Allan & Lesley, John & Judith, Roger	5
2009	Pvrenees			(3)	Allan & Lesley, John & Judith, Paul, Tim, Roger, Nigel & Jane	9
2010	Vorarlberg - Rätikon and Silvretta Alps				Allan & Lesley, John & Judith, Paul, Tim, Roger, Ian & Elizabeth	9
2011	Hohe Tauern - Glockner/Schober Alps			(2)	Allan & Lesley, John & Judith, Paul, Tim, Roger	7
2012	Gran Paradiso			(4)	Allan & Lesley, John & Judith, Tim, Roger	6
2013	Tirol - Ötztal Alps			(7)	Allan & Lesley, John & Judith, Tim, Paul, Ian	7
2014	Dolomites - Val di Fassa and Brenta				Allan & Lesley, John & Judith, Tim, Roger	6

No 3000 m point reached that year.

**Total Treks** A&L: 9 J&J: 9 Tim: 7 Roger: 6 Paul: 5 Ian: 2 Nigel: 2  
Elizabeth: 1 Mark & Julie: 1 Jane: 1

## OLD TREKKERS' TREKS SUMMARY TABLE

	2006	2007	2008	2009	2010	2011	2012	2013	2014
Country	Austria	Austria	Italy	France Spain	Austria	Austria	Italy	Austria	Italy
Area	Tirol Stubaital	Tirol Zillertal	Dolomites Alta Via 2	Pyrenees Marcadau >Ordesa	Vorarlberg Ratikon/ Silvretta	Hohe Tauern Glockner/ Schober	Gran Paradiso	Tirol Ötztal	Dolomites Fassa/ Brenta
Trekkers	7	6	5	9	9	7	6	7	6
	<b>Walking times</b> Times shown in brackets are for part days (some spent part travelling and part walking), which are excluded from the full day averages.								
Day 1	(1-30)	(1-10)	(1-00)	(2-10)	3-20	4-20	(2-15)	(2-45)	3-30
Day 2	6-00	(0-45)	4-40	4-40	5-30	4-40	5-10	4-00	5-00
Day 3	4-00	5-15	4-40	6-00	3-30	4-00	4-20	3-30	4-40
Day 4	5-00	6-00	3-30	5-00	3-20	5-40	3-30	2-50	3-50
Day 5	6-30	2-30	(2-15)	3-30	3-30	3-30	5-15	5-15	4-00
Day 6	(2-00)	6-30	(2-10)	5-30	3-30	Free	Free	6-45	3-15
Day 7	4-00	4-30	3-20	Free	Free)	5-40	5-00	Free	Free
Day 8	4-00	6-00	5-00	4-40	4-30	3-15	4-15	4-40	4-10
Day 9	4-00		3-30	5-10	5-10	4-00	5-15	4-10	5-15
Day 10	4-00		3-00	6-00	3-20	4-40	5-40	7-00	4-45
Day 11	2-30		4-20	Free	5-15	3-20	(2-15)	4-15	
Day 12			(2-40)	5-10				4-45	
Day 13								(2-30)	
	<b>Distances and ascents in black are in miles and feet, those in blue are in km and metres.</b>								
<b>Total Distance</b>	<b>57</b> <b>91</b>	<b>49</b> <b>78</b>	<b>68</b> <b>108</b>	<b>72</b> <b>115</b>	<b>64</b> <b>102</b>	<b>64</b> <b>103</b>	<b>73</b> <b>117</b>	<b>69</b> <b>111</b>	<b>63</b> <b>101</b>
<b>Total ascent</b>	<b>21,000</b> <b>6390</b>	<b>17,500</b> <b>5330</b>	<b>23,900</b> <b>7270</b>	<b>25,400</b> <b>7730</b>	<b>22,800</b> <b>6960</b>	<b>22,000</b> <b>6690</b>	<b>24,400</b> <b>7450</b>	<b>29,900</b> <b>9100</b>	<b>18,500</b> <b>5640</b>
<b>Total days walking</b>	<b>11</b>	<b>8</b>	<b>12</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>12</b>	<b>9</b>
<b>Full days walking</b>	<b>9</b>	<b>6</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>10</b>	<b>8</b>	<b>10</b>	<b>9</b>
<b>Average time for full days</b>	<b>4h-00</b>	<b>5h-10</b>	<b>4h-00</b>	<b>5h-00</b>	<b>4h-05</b>	<b>4h-20</b>	<b>4h-50</b>	<b>4h-45</b>	<b>4h-15</b>
<b>Average distance for full days</b>	<b>5.7</b> <b>9.1</b>	<b>7.5</b> <b>12.0</b>	<b>6.9</b> <b>11.0</b>	<b>7.5</b> <b>11.9</b>	<b>6.4</b> <b>10.2</b>	<b>6.4</b> <b>10.3</b>	<b>7.9</b> <b>12.7</b>	<b>6.2</b> <b>9.9</b>	<b>7.0</b> <b>11.2</b>
<b>Average climb for full days</b>	<b>2250</b> <b>690</b>	<b>2760</b> <b>840</b>	<b>2380</b> <b>720</b>	<b>2650</b> <b>810</b>	<b>2280</b> <b>700</b>	<b>2200</b> <b>670</b>	<b>2730</b> <b>830</b>	<b>2640</b> <b>810</b>	<b>2060</b> <b>630</b>